

Nantwich 10k

Overall Results



Pos	Name	M/F	AG	AG Pos	Local	Club	Chip	Gun
1.	Jamie Arnold	1st	M45	1st		City of Stoke AC	31:19	31:20
2.	James Tilley	2nd	MSEN	1st		Nantwich RC	31:28	31:29
3.	Raif Serif	3rd	MSEN	2nd	Local	Vale Royal	32:06	32:06
4.	David Morris	4th	MSEN	3rd		City of Stoke AC	34:32	34:33
5.	Sean Dyer	5th	MSEN	4th		South Cheshire Harriers	35:21	35:23
6.	Carl Evers	6th	MSEN	5th		Nantwich RC	35:43	35:44
7.	Phil Tomkinson	7th	MSEN	6th		Manchester YMCA	35:46	35:48
8.	Gaz Carless	8th	M45	2nd		South Cheshire Harriers	35:55	35:56
9.	Sarah Dufour-Jackson	1st	FSEN	1st	Local	Vale Royal	36:02	36:03
10.	Ben Bewley	9th	M40	1st		Newcastle (Staffs) AC	36:15	36:16
11.	Donna Sherwin	2nd	F40	1st		City of Stoke AC	36:26	36:27
12.	Phillip Rawlings	10th	M50	1st			36:38	36:39
13.	Jonathan Slaney	11th	M45	3rd		South Cheshire Harriers	36:53	36:54
14.	Dave Rushton	12th	MSEN	7th		City of Stoke AC	37:23	37:25
15.	Michael Bosworth	13th	MSEN	8th		Trentham RC	37:41	37:43
16.	Lucy Matthews	3rd	FSEN	2nd		City of Stoke AC	37:44	37:45
17.	Thomas Minshull	14th	MSEN	9th		Boalloy RC	37:45	37:46
18.	Graeme Rathbone	15th	MSEN	10th	Local	Nantwich RC	38:01	38:03
19.	Marcelino Da Silva Vong	16th	MSEN	11th		City of Stoke AC	38:30	38:32
20.	Richard Owen	17th	MSEN	12th		Nantwich RC	38:39	38:40
21.	Pat Hudson	18th	M40	2nd	Local	South Cheshire Harriers	39:01	39:03
22.	Andrew Greensmith	19th	M40	3rd		Nantwich RC	39:30	39:31
23.	Daniel Burton	20th	MSEN	13th		South Cheshire Harriers	39:31	39:34
24.	Fiona Buxton	4th	F40	2nd		Nantwich RC	39:43	39:45
25.	Danny Buxton	21st	M40	4th		Nantwich RC	39:43	39:45
26.	Simon Everall	22nd	MSEN	14th		Nantwich RC	39:49	39:50
27.	Andrew Brownsword	23rd	M40	5th		Newcastle (Staffs) AC	40:14	40:21
28.	Martin Kettle	24th	M50	2nd	Local		40:21	40:23
29.	Simon Cowley	25th	MSEN	15th			40:24	40:32
30.	Keith Spurrier	26th	M40	6th	Local	South Cheshire Harriers	40:31	40:33
31.	Lee Davies	27th	MSEN	16th		Silverdale RC	41:01	41:04
32.	John Stevenson	28th	MSEN	17th	Local		41:15	41:20
33.	Andrew Bowler	29th	MSEN	18th		Manchester YMCA	41:38	41:40
34.	Michael Casey	30th	MSEN	19th		Nantwich RC	41:41	41:43
35.	Darren Beach	31st	M45	4th		South Cheshire Harriers	41:42	41:46
36.	Mark Barnes	32nd	M40	7th		Nantwich RC	42:13	42:17
37.	Charlotte Bagnall	5th	FSEN	3rd			42:34	42:35
38.	Christopher Cowley	33rd	MSEN	20th		Lonely Goat RC	42:49	42:56
39.	James Wilbraham	34th	M45	5th	Local	Nantwich RC	42:59	43:01
40.	John Ferguson	35th	M50	3rd	Local	South Cheshire Harriers	43:04	43:08
41.	David Kelly	36th	M45	6th	Local	Nantwich RC	43:22	43:26
42.	James Donegan	37th	MSEN	21st			43:38	43:43
43.	Katie Burt	6th	FSEN	4th	Local	Nantwich RC	43:46	43:51
44.	Victoria Hutton	7th	F40	3rd			43:49	43:51
45.	James Bateman	38th	MSEN	22nd		Nantwich RC	43:54	43:57
46.	Andy Twiss	39th	MSEN	23rd		South Cheshire Harriers	44:06	44:12
47.	Ivor Twiss	40th	M65	1st		Nantwich RC	44:15	44:17
48.	Andrew Boulton	41st	M60	1st		South Cheshire Harriers	44:21	44:26
49.	Mark Johnson	42nd	M40	8th		Nantwich RC	44:30	44:35
50.	Sharna Gallagher	8th	FSEN	5th		South Cheshire Harriers	44:51	44:55
51.	Paddy Mannion	43rd	MSEN	24th	Local	Nantwich RC	44:51	44:56

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Pos	Name	M/F	AG	AG Pos	Local	Club	Chip	Gun
52.	Andrew Growcott	44th	M40	9th		South Cheshire Harriers	45:00	45:05
53.	Steve Mowbray	45th	M45	7th	Local		45:03	45:08
54.	Asher Gilbert	46th	MSEN	25th	Local	Nantwich RC	45:04	45:11
55.	Martin Brown	47th	M40	10th		Nantwich RC	45:23	45:27
56.	Steven Mullock	48th	MSEN	26th	Local	Nantwich RC	45:25	45:28
57.	Jeremy Dawes	49th	M55	1st	Local	Nantwich RC	45:19	45:29
58.	Rob Huntbach	50th	M55	2nd		Nantwich RC	45:30	45:34
59.	Sophie Mason	9th	FSEN	6th	Local	Nantwich RC	45:35	45:37
60.	Phil Moss	51st	MSEN	27th		Nantwich RC	45:35	45:40
61.	David Kivlin	52nd	M45	8th		South Cheshire Harriers	45:41	45:44
62.	Neil Webb	53rd	MSEN	28th	Local	Nantwich RC	46:14	46:17
63.	Kat Prestwich	10th	FSEN	7th		South Cheshire Harriers	46:15	46:21
64.	Alexandra Maxwell	11th	FSEN	8th		Best athletics	46:19	46:25
65.	Annie Taylor	12th	F35	1st			46:24	46:28
66.	John Culshaw	54th	M50	4th		Nantwich RC	46:27	46:33
67.	John Fifer	55th	M55	3rd	Local	Nantwich RC	46:30	46:35
68.	Oliver Bridgman	56th	M40	11th	Local	Nantwich RC	46:33	46:36
69.	Claire Kivlin	13th	F40	4th		South Cheshire Harriers	46:38	46:41
70.	Richard Tate	57th	M55	4th	Local	Nantwich RC	46:38	46:44
71.	Dominic Taylor-Wilkin	58th	MSEN	29th			46:46	46:50
72.	Rebecca Shorrock	14th	FSEN	9th		Blackburn Harriers	46:50	46:51
73.	Richard Davenport	59th	M45	9th	Local	Nantwich RC	47:10	47:11
74.	Alexander McCulloch	60th	MSEN	30th		South Cheshire Harriers	47:23	47:28
75.	Ali Reed	61st	MSEN	31st			47:26	47:35
76.	Jim Grange	62nd	M40	12th	Local	Nantwich RC	47:39	47:39
77.	Rob Evanson	63rd	MSEN	32nd		Nantwich RC	47:37	47:43
78.	Charles Rowlands	64th	M50	5th	Local	South Cheshire Harriers	47:47	47:52
79.	Gill Bellairs	15th	F55	1st		Nantwich RC	47:59	48:02
80.	Simon Owen	65th	M45	10th		Nantwich RC	48:05	48:13
81.	Alan Booth	66th	M50	6th	Local	Vale Royal	48:18	48:37
82.	Francois	67th	M45	11th			48:36	48:41
83.	Suzanne Dale	16th	F40	5th	Local	South Cheshire Harriers	48:40	48:43
84.	Abbie Kahya	17th	FSEN	10th		Nantwich RC	48:46	48:52
85.	Dennis Robinson	68th	M65	2nd			48:51	48:55
86.	Cora White	18th	FSEN	11th	Local	Nantwich RC	48:52	48:55
87.	Joe Stephenson	69th	MSEN	33rd	Local	Nantwich RC	48:53	48:56
88.	Duncan Morris	70th	M50	7th	Local	Nantwich RC	49:29	49:30
89.	Emily Sharp	19th	F40	6th		Nantwich RC	49:30	49:39
90.	Marc Brettle	71st	M50	8th		Nantwich RC	49:33	49:41
91.	Wesley Raynbird-Tilbury	72nd	MSEN	34th	Local	Nantwich RC	49:45	49:47
92.	Debbie Moreton	20th	F50	1st		Vale Royal	50:06	50:11
93.	Tim Boote	73rd	M45	12th			50:08	50:13
94.	Trev White	74th	M55	5th	Local		50:03	50:15
95.	Jonathan Stanford	75th	M60	2nd	Local	Nantwich RC	50:08	50:21
96.	Louise Walker	21st	F40	7th		Vale Royal	50:20	50:23
97.	Susan Poole	22nd	F55	2nd		South Cheshire Harriers	50:13	50:25
98.	Richard Cherrington	76th	M45	13th		South Cheshire Harriers	50:25	50:29
99.	Paul Downton	77th	M45	14th	Local	Nantwich RC	50:45	50:48
100.	Matthew Evans	78th	MSEN	35th	Local		50:48	50:54
101.	Daniel Le-Grys	79th	MSEN	36th	Local		51:01	51:07
102.	Jayne Lomax	23rd	F55	3rd		Vale Royal	51:09	51:14

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Pos	Name	M/F	AG	AG Pos	Local	Club	Chip	Gun
103.	Victoria Johnson		F45	1st		Nantwich RC	51:05	51:16
104.	Adam Haynes		M50	37th	Local	Nantwich RC	51:15	51:20
105.	Ruth Mooney		F50	2nd			51:19	51:22
106.	Liz Morris		F50	12th	Local	Nantwich RC	51:19	51:31
107.	Susan Snelling		F35	2nd		Nantwich RC	51:32	51:42
108.	Michelle Remelie		F50	13th			51:32	51:46
109.	Andrea Woodhead		F40	8th		Mow Cop RR	51:38	51:48
110.	Jen Riley		F35	3rd		Trentham RC	51:50	51:56
111.	Lyndsay Poole		F35	4th	Local		51:47	52:00
112.	Teresa Price		F50	3rd		Vale Royal AC	52:03	52:08
113.	Abhishek Vijayashanker		M50	38th	Local	Nantwich RC	52:01	52:09
114.	Jonathan Bill		M50	9th	Local	Running Bear RC	52:18	52:24
115.	Sophie Carless		F50	14th			52:29	52:35
116.	Garry Jones		M50	39th	Local	Nantwich RC	52:26	52:37
117.	Nathan Kapp		M50	40th		South Cheshire Harriers	52:43	52:49
118.	Felicity Finch		F40	9th	Local		52:46	52:53
119.	Melvyn Cole		M70	1st		South Cheshire Harriers	52:46	52:53
120.	Jonathan Machin		M50	10th			52:49	52:59
121.	Jennie Cliffe		F50	15th	Local		52:55	53:02
122.	Justine Twiss		F35	5th		Nantwich RC	52:49	53:02
123.	Rebecca Jackson-Jones		F40	10th	Local	Nantwich RC	53:08	53:17
124.	David Bellairs		M50	11th			53:16	53:23
125.	Matthew Yeomans		M50	12th		Nantwich RC	53:19	53:23
126.	Charley Davies		F50	16th			53:35	53:38
127.	Kate Lea-O'Mahoney		F35	6th		Sandbach Striders	53:42	53:57
128.	Mathew Wilkinson		M50	41st			53:56	54:12
129.	Sophie Ashby-Clarke		F50	17th	Local		54:11	54:21
130.	Caroline Evans		F35	7th	Local		54:11	54:21
131.	Nigel Lee		M65	3rd		Newcastle (Staffs) AC	54:37	54:42
132.	Kerry Taylor		F35	8th		Newcastle (Staffs) AC	54:41	54:48
133.	Alan Cragg		M55	6th		Nantwich RC	54:34	54:53
134.	Greg Park		M50	42nd	Local		54:49	54:53
135.	David Scott		M40	13th		South Cheshire Harriers	54:43	54:54
136.	Daniel Chapman		M45	15th		Nantwich RC	54:59	55:04
137.	Spencer Moore		M45	16th		South Cheshire Harriers	54:54	55:05
138.	Caroline Buckley		F55	4th		Vale Royal	55:09	55:13
139.	Sherrie Brereton		F45	2nd		Nantwich RC	55:21	55:31
140.	Tim Bowker		M50	13th		Nantwich RC	55:31	55:38
141.	Jane Murphy		F50	4th	Local	Nantwich RC	55:44	55:56
142.	Sam Lee		F40	11th	Local	Nantwich Triathlon Club	55:47	55:59
143.	Anna Foggo		F35	9th		Nantwich RC	55:53	56:04
144.	Judith Ho		F65	1st			56:02	56:05
145.	Lisa Ho		F35	10th		Newcastle Tri Club	56:03	56:06
146.	Shiona Daniels		F45	3rd	Local		56:02	56:12
147.	Chris Casey		M50	43rd	Local	Nantwich RC	56:01	56:18
148.	Graham Jones		M60	3rd			56:28	56:38
149.	Helen Nightingale		F55	5th		Nantwich RC	56:30	56:44
150.	Liz Preston		F45	4th		South Cheshire Harriers	56:35	56:47
151.	Rachel Beach		F40	12th		South Cheshire Harriers	56:28	56:53
152.	Phillip Cliff		M55	7th	Local	South Cheshire Harriers	56:29	56:53
153.	Elizabeth Allport		F45	5th	Local	Nantwich RC	56:52	57:06

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Pos	Name	M/F	AG	AG Pos	Local	Club	Chip	Gun
154.	Jonathan Whitby	100th	M45	17th	Local		56:45	57:06
155.	Jemma Blount	55th	F40	13th		Stone MM	57:12	57:21
156.	Kathryn Tate	56th	F55	6th	Local	Nantwich RC	57:10	57:23
157.	Joe Young	101st	MSEN	44th		Nantwich RC	57:15	57:28
158.	Chris Heavey	102nd	MSEN	45th	Local	Nantwich RC	57:22	57:30
159.	Ashley Brennan	103rd	MSEN	46th	Local	Nantwich RC	57:14	57:30
160.	Anthony Stevens	104th	MSEN	47th	Local	Nantwich RC	57:25	57:36
161.	Nicola Ford	57th	F45	6th	Local	Nantwich RC	57:50	57:50
162.	Laura Stevens	58th	F35	11th		Nantwich RC	57:50	57:55
163.	Ryan Cooke	105th	MSEN	48th			57:44	58:04
164.	Claire Radcliffe	59th	F45	7th	Local		58:08	58:17
165.	Elaine Robb	60th	F55	7th		Sandbach Striders	58:14	58:29
166.	Lewis Major	106th	MSEN	49th	Local	Nantwich RC	58:31	58:38
167.	Kay Leydon	61st	F50	5th	Local	Nantwich RC	58:31	58:41
168.	Alice Smith	62nd	FSEN	18th		South Cheshire Harriers	58:49	58:55
169.	Andrea Smith	63rd	F50	6th	Local	Nantwich RC	58:44	58:58
170.	Tarranie Woolley	64th	FSEN	19th	Local	Nantwich RC	59:02	59:08
171.	Anna Kempf	65th	F35	12th	Local	Nantwich RC	59:07	59:22
172.	Rebecca Freedman	66th	F35	13th	Local		59:15	59:29
173.	Sian Fern	67th	F35	14th	Local	South Cheshire Harriers	59:27	59:32
174.	Dawn Stokes	68th	F45	8th	Local	Nantwich RC	59:37	59:43
175.	Harriet Lloyd	69th	F35	15th			59:39	59:47
176.	Deborah Stubberfield	70th	F35	16th		Nantwich RC	59:32	59:49
177.	Shelagh Swinnerton	71st	F65	2nd		South Cheshire Harriers	59:42	59:51
178.	Andrea Beaton	72nd	F40	14th		Nantwich RC	59:43	59:55
179.	Charlotte Ashworth	73rd	F40	15th	Local		59:48	59:57
180.	Sarah Horton	74th	FSEN	20th	Local	Nantwich RC	59:50	1:00:02
181.	Gabriella Beckton	75th	FSEN	21st	Local	Nantwich RC	59:49	1:00:02
182.	Martin Frisher	107th	M60	4th	Local	Nantwich RC	59:50	1:00:04
183.	Joanne Hasprey	76th	F50	7th		South Cheshire Harriers	59:55	1:00:07
184.	Kathryn Platt	77th	F40	16th	Local	South Cheshire Harriers	1:00:14	1:00:26
185.	Matthew Radcliffe	108th	MSEN	50th	Local		1:00:41	1:00:50
186.	Joanna Wright	78th	F40	17th		Nantwich RC	1:00:45	1:00:59
187.	Eleanor Shenton	79th	FSEN	22nd	Local	Nantwich Triathlon Club	1:00:55	1:01:08
188.	Mark Rowe	109th	M45	18th	Local		1:00:46	1:01:09
189.	Hannah Twigg	80th	F35	17th		Silverdale RC	1:01:05	1:01:14
190.	Allan Henshall	110th	M60	5th	Local	Nantwich RC	1:01:22	1:01:31
191.	Marie Wallace	81st	F55	8th			1:01:23	1:01:31
192.	Paul Fowler	111th	M50	14th	Local	Nantwich RC	1:01:20	1:01:39
193.	Mike Remelie	112th	M55	8th			1:01:26	1:01:43
194.	Steve McAtominey	113th	M55	9th	Local	Nantwich RC	1:02:10	1:02:16
195.	Micheline Tremblay	82nd	F55	9th		South Cheshire Harriers	1:02:54	1:03:04
196.	Lesley Cole	83rd	F65	3rd		South Cheshire Harriers	1:03:08	1:03:18
197.	Genevieve Barnett	84th	F45	9th		Trentham RC	1:03:04	1:03:23
198.	Becky Nevitt	85th	FSEN	23rd		Nantwich RC	1:03:36	1:03:57
199.	Cheryl Percival	86th	F35	18th	Local	South Cheshire Harriers	1:04:04	1:04:13
200.	Chris Oliver	114th	M45	19th			1:04:33	1:04:51
201.	Sue Jones	87th	F40	18th		Nantwich RC	1:04:33	1:04:51
202.	Sharon Arnold	88th	F45	10th		Nantwich RC	1:05:01	1:05:12
203.	Jane Tarbuck	89th	F55	10th		Nantwich RC	1:05:01	1:05:15
204.	Rachel Guest	90th	FSEN	24th	Local	Nantwich RC	1:05:20	1:05:27

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Pos	Name	M/F	AG	AG Pos	Local	Club	Chip	Gun
205.	Becky Ianson	91st	F45	11th		Nantwich RC	1:05:21	1:05:32
206.	Marie Hilditch	92nd	F40	19th		Nantwich RC	1:05:33	1:05:51
207.	Gary Cliffe	115th	M50	15th	Local	Nantwich RC	1:05:39	1:05:51
208.	James Robinson	116th	M40	14th	Local	Nantwich RC	1:05:51	1:06:06
209.	Jules Kent	93rd	F40	20th	Local	Nantwich RC	1:06:07	1:06:18
210.	Jamie Chalmers	117th	M45	20th		Nantwich RC	1:06:06	1:06:23
211.	Gemma Whittaker	94th	F35	19th	Local	Nantwich RC	1:06:15	1:06:32
212.	Patricia Davidson	95th	F55	11th		Nantwich RC	1:06:36	1:06:46
213.	Paul Mercandelli	118th	MSEN	51st		Nantwich RC	1:06:56	1:07:13
214.	Amanda Greene	96th	F55	12th		Nantwich RC	1:07:06	1:07:21
215.	Cassandra Alcock	97th	F35	20th			1:07:41	1:07:53
216.	Julie Potter	98th	F50	8th	Local	Nantwich RC	1:07:41	1:07:53
217.	Leanne Cooper	99th	FSEN	25th		Nantwich RC	1:07:41	1:07:53
218.	Hannah Elliott	100th	F35	21st		Nantwich RC	1:08:53	1:09:04
219.	Sarah Waddington	101st	F35	22nd		Nantwich RC	1:09:24	1:09:42
220.	Linda Donegan	102nd	F55	13th			1:11:22	1:11:41
221.	Daniel Freedman	119th	M50	16th	Local	Vale Royal	1:12:47	1:13:02
222.	Philippa McCulloch	103rd	FSEN	26th		South Cheshire Harriers	1:14:15	1:14:22
223.	Michelle Leecy	104th	FSEN	27th	Local	Nantwich RC	1:15:03	1:15:22
224.	Samantha Palin	105th	F50	9th		Nantwich RC	1:15:14	1:15:25
225.	Neil Coe	120th	M70	2nd		Nantwich RC	1:15:57	1:16:14
226.	Claire Mcaleavy	106th	FSEN	28th	Local	Nantwich RC	1:24:34	1:24:34
227.	Gemma Park	107th	F35	23rd	Local	South Cheshire Harriers	1:24:14	1:24:34

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