

Overall Results

Pos	Bib	Name	AG	AG Pos	NSRRA	Club	Feet+	Time
1.	170	Ross Connor	M Sen	1.	197	City of Stoke AC	75	33:55
2.	12	Danny Soltys	M Sen	2.	764	Stone MM	622	35:42
3.	50	Ben Bewley	M Sen	3.	189	Newcastle (Staffs) AC	472	36:15
4.	180	Mark Hatton	M Sen	4.	639	Newcastle Tri Club	295	36:42
5.	102	Andrew Lamont	M45	1.	42		247	36:53
6.	7	Martin Cross	M Sen	5.	818	Stone MM	160	37:18
7.	107	Kelly Butler	F Sen	1.	74	Birchfield Harriers	256	37:27
8.	158	Tony Taylor	M55	1.		Sandbach Striders	157	38:22
9.	155	Michael Hobbs	M Sen	6.		Crawley	1	38:41
10.	97	Paul Hancock	M50	1.	89	South Cheshire Harriers	79	39:05
11.	129	Gareth Knapper	M40	1.	695	Cheadle RC	343	39:40
12.	29	Oliver Stone	M Sen	7.	705	Rugeley Runners	394	39:45
13.	101	James Simpson	M45	2.	109	South Cheshire Harriers	92	40:11
14.	127	Liam Duggan	M Sen	8.		Stafford Harriers	49	40:23
15.	149	Matthew Harper	M45	3.	702	Newcastle Tri Club	98	40:37
16.	73	Jon Ranford	M45	4.	50	Newcastle (Staffs) AC	46	40:43
17.	146	Duncan Sadler	M50	2.		Road Runners Club	190	40:48
18.	27	Steve Vaughan	M40	2.			292	40:57
19.	25	James Phoenix	M Sen	9.	194	Stone MM	170	41:03
20.	70	Richard Plant	M Sen	10.			223	41:08
21.	108	Matt Robinson	M40	3.	340	Newcastle (Staffs) AC	85	41:12
22.	174	Lucy Spencer	F Sen	2.		Newcastle Tri Club	115	41:34
23.	145	Alan Brookes	M60	1.	215	Trentham RC	n/a	41:52
24.	20	Gareth Copley-Jones	M Sen	11.	759	Silverdale RC	600	41:56
25.	47	Antonio Treglia	M Sen	12.		Stafford Harriers	169	42:02
26.	164	Joanne Stanfield	F45	1.	744	Trentham RC	190	42:05
27.	22	Michelle Buckle	F40	1.	139	Newcastle (Staffs) AC	156	42:08
28.	119	Pat Hudson	M40	4.	48	South Cheshire Harriers	75	42:13
29.	172	Carol Bird	F55	1.	264	Congleton Harriers	187	43:03
30.	45	Adam Lightfoot	M Sen	13.	49		116	43:30
31.	128	Rob Carr	M45	5.		Kenilworth Runners	144	43:33
32.	123	Andrew Jackson	M45	6.	739	NSRRA	151	43:46
33.	179	Chris Mosiuk	M Sen	14.	59	Trentham RC	120	44:04
34.	181	Andrew Vickerman	M Sen	15.		Newcastle (Staffs) AC	252	44:36
35.	120	Craig Carpenter	M Sen	16.	311	Stone MM	274	45:06
36.	23	Ian Oakley	M45	7.		RC Running Club	156	45:07
37.	100	Amanda Kelly	F Sen	3.	196	Stoke FIT	456	45:18
38.	162	Jake Oliver	M Sen	17.	135	Stafford Harriers	173	45:20
39.	75	John Putt	M55	2.	866	South Cheshire Harriers	108	45:22
40.	142	John Guest	M60	2.	150	Trentham RC	131	45:32
41.	135	Oliver Clarke	M Sen	18.	284	Silverdale RC	223	45:44
42.	132	Lee Davies	M Sen	19.	153	Audley Striders	361	45:49
43.	87	John Alcock	M Sen	20.	266	Newcastle Tri Club	257	45:50
44.	105	Darren Bagnall	M50	3.			49	45:59
45.	117	Alan Burt	M60	3.	75	Chase Harriers	213	46:07
46.	76	Andy Lynch	M50	4.		Ashbourne RC	207	46:08
47.	112	Mark Harrison	M45	8.	70	Cheadle RC	541	46:20
48.	133	Jade Watson	F Sen	4.		Newcastle (Staffs) AC	29	46:27
49.	92	Gillian Russon	F50	1.	151	Cannock & Stafford AC	172	46:33

Overall Results

Pos	Bib	Name	AG	AG Pos	NSRRA	Club	Feet+	Time
50.	147	Carol Higgs	F55	2.	183	Trentham RC	462	46:44
51.	11	Fiona Bradley	F40	2.	791	Stone MM	180	47:16
52.	143	Jason Littlewood	M Sen	21.			96	47:24
53.	109	Clive Palmer	M55	3.		South Cheshire Harriers	148	47:39
54.	28	Steve Yeoman	M40	5.		Steel City Striders	669	47:43
55.	43	Nikki Towle	F50	2.	862	Stone MM	108	47:54
56.	24	Rob Irving	M45	9.	52	Newcastle (Staffs) AC	328	48:02
57.	77	Jason Garrahan	M45	10.			177	48:19
58.	148	Clive Heathcock	M60	4.	45	South Cheshire Harriers	96	48:28
59.	137	Jon Marchant	M45	11.			328	48:31
60.	83	Chris Lake	M45	12.	801	Chase harriers	312	48:54
61.	161	Mark Oliver	M50	5.	132	Stafford Harriers	157	48:57
62.	9	David Perry	M50	6.			243	48:59
63.	57	Dan Findlay-Robinson	M Sen	22.	741	Stafford Harriers	253	48:59
64.	139	Helen Somers	F40	3.	90		249	49:09
65.	33	Alex Shingler	M Sen	23.	72	Newcastle (Staffs) AC	335	49:16
66.	40	Susanne Evans	F45	2.			44	49:17
67.	104	Christine Kilkenny	F65	1.	163	Cannock & Stafford AC	n/a	49:34
68.	84	Donna Harris	F50	3.	800	Chase harriers	320	49:48
69.	31	Lee Edgington	M40	6.		Rising Brook Runners	89	50:11
70.	41	Andrew Pemberton	M50	7.		Stoke FIT	371	50:11
71.	32	Sam Tidy	M40	7.		Trentham RC	288	50:18
72.	69	Anne Coghlan	F50	4.		Stone MM	n/a	50:20
73.	21	Greg Julian	M55	4.		Trentham RC	180	50:31
74.	49	Chris Skellern	F55	3.	549	Stafford Harriers	n/a	50:41
75.	62	Peter Divall	M70	1.	202		177	50:48
76.	144	Karla Larnder	F45	3.		Dover road runners	318	50:48
77.	85	Ruth Umerah	F50	5.	169	Stafford Harriers	55	50:51
78.	60	Andrew Podmore	M Sen	24.	774	NSRRA	114	50:56
79.	5	Kevin Uzzell	M70	2.	354	Stone MM	151	51:00
80.	37	John Munton-Davies	M45	13.	742	Newcastle (Staffs) AC	86	51:07
81.	110	Richard Booth	M45	14.	326	Stafford Harriers	210	51:14
82.	48	Anthony Lloyd	M40	8.		Shropshire Shufflers	223	51:15
83.	54	Jacob Turner	M Sen	25.			246	51:29
84.	53	Clive Downing	M55	5.		Steel City Striders	242	51:32
85.	99	Janine Gregory	F40	4.			534	52:31
86.	106	Melonie Deakin	F50	6.	84	Stafford Harriers	67	52:45
87.	167	Mark Burrows	M45	15.		Stafford Harriers	118	52:48
88.	94	Dot Fellows	F75	1.	179	Cannock & Stafford AC	213	52:51
89.	90	Dennis Robinson	M60	5.	814	South Cheshire Harriers	92	53:03
90.	115	David Nimmo	M Sen	26.	330	South Cheshire Harriers	331	53:09
91.	165	Nigel Lee	M65	1.	479	Newcastle (Staffs) AC	341	53:21
92.	152	Alison Jackson-Hedges	F40	5.	852	Trentham RC	384	53:29
93.	113	Craig Buggins	M45	16.	185	Wolves & Bilston	154	53:34
94.	4	Julie Ann Dudley	F60	1.		Cheadle RC	275	54:27
95.	64	Ruth Edwards	F60	2.	57	Stafford Harriers	n/a	54:31
96.	169	Mont Moreton	M45	17.	193	Stoke FIT	272	55:03
97.	3	Carol Astbury	F55	4.		Uttoxeter RR	329	55:11
98.	1	Kerry Podmore	F45	4.	605	South Cheshire Harriers	164	55:18

Overall Results

Pos	Bib	Name	AG	AG Pos	NSRRA	Club	Feet+	Time
99.	56	Julie Knall	F55	5.		Silverdale RC	297	55:36
100.	34	Richard Howell	M Sen	27.	816	Silverdale RC	341	55:59
101.	138	Rachel Daggitt	F40	6.			147	56:01
102.	8	Ellen Evans	F Sen	5.	126	Stone MM	142	56:20
103.	58	Michelle Harrop	F35	1.	360	Potters Trotters	118	56:20
104.	63	Simon Clarke	M50	8.	187	Fetch Everyone	118	56:22
105.	116	Rhian Holmes	F35	2.			108	56:33
106.	30	Ramzi King	F Sen	6.		Stone MM	20	56:37
107.	160	Joanne Oliver	F45	5.	134	Stafford Harriers	111	56:48
108.	134	Nicola Williams	F35	3.		Stoke FIT	434	57:16
109.	151	Jenni Alcock	F35	4.	762		337	57:57
110.	82	Georgina Smith	F40	7.			n/a	58:10
111.	131	Tom Davall	M Sen	28.		Stafford Harriers	108	58:12
112.	89	Stan Winterton	M75	1.	595	Trentham RC	n/a	58:13
113.	182	Cheryl Broadway	F45	6.			n/a	58:15
114.	121	Tim Slater	M45	18.	752	NSRRA	n/a	59:18
115.	136	Becky Marchant	F45	7.		Kidderminster & Stourpourt	328	59:30
116.	2	Michael Horton	M70	3.	21	NSRRA	n/a	59:43
117.	122	Alf Slater	M70	4.	480	NSRRA	n/a	59:44
118.	157	Karen Murray	F55	6.	224	Stafford Harriers	315	59:59
119.	140	James Tutton	M Sen	29.	195	Stoke FIT	456	1:00:21
120.	173	Matt Barlow	M Sen	30.			122	1:00:44
121.	153	Rebecca Oakes	F35	5.		Newcastle Tri Club	381	1:01:00
122.	44	Patricia Bentley	F70	1.	85	Staffs Moorlands AC	390	1:01:11
123.	168	Ian Fothergill	M55	6.	696	Biddulph RC	110	1:01:15
124.	156	Jon Hillman	M Sen	31.	276	nsrra	134	1:01:25
125.	6	Graham Williams	M75	2.	65	Stafford Harriers	86	1:01:39
126.	88	Denise Whalley	F55	7.	94	Stoke FIT	196	1:01:39
127.	59	Natalie Bailey	F40	8.	999	South Cheshire Harriers	115	1:02:14
128.	65	Sara Morris	F45	8.	106	Stone MM	132	1:02:30
129.	72	Colin Earp	M70	5.	146	South Cheshire Harriers	n/a	1:02:38
130.	61	John Brown	M65	2.	298	Cheadle RC	160	1:03:00
131.	130	Abi Joachim	F40	9.			124	1:03:07
132.	93	Sophie Daragheh	F Sen	7.	861	NSRRA	336	1:03:20
133.	55	David Hebb	M60	6.	769	NSRRA	108	1:04:07
134.	71	Gael Earp	F55	8.	147	Stafford Harriers	n/a	1:04:15
135.	176	Thorsten Lange	M50	9.		New Trisko	95	1:04:41
136.	98	Julie Nokes	F60	3.	47	Stafford Harriers	210	1:04:52
137.	10	Lee Greatrex	M45	19.		Stone MM	170	1:04:58
138.	175	Sue Davies	F55	9.	140	South Cheshire Harriers	n/a	1:05:05
139.	35	Graham McLachlan	M45	20.	359	Newcastle (Staffs) AC	120	1:05:24
140.	17	Val Carr	F70	2.		Lonely Goat RC	105	1:05:55
141.	125	Nicola Johnson	F55	10.		Chippenham Harriers	39	1:05:59
142.	103	Helen Wassall	F45	9.	860	Boalloy	298	1:06:00
143.	166	Tracy Burrows	F45	10.	58	Stafford Harriers	151	1:06:12
144.	13	Kevin Machin	M60	7.		Stoke FIT	310	1:06:28
145.	42	Charlotte Harper	F45	11.		Newcastle Tri Club	364	1:07:07
146.	80	Sue Kirby	F50	7.	64	Newcastle (Staffs) AC	n/a	1:07:19
147.	154	Malcolm Rushton	M70	6.	475	Trentham RC	n/a	1:07:33

Overall Results

Pos	Bib	Name	AG	AG Pos	NSRRA	Club	Feet+	Time
148.	95	Gemma Woodcock	F35	6.	182	Newcastle (Staffs) AC	461	1:07:56
149.	78	Lisa Goodwin	F50	8.		Vegan Runners	102	1:09:37
150.	159	Ian Worth	M50	10.			485	1:10:27
151.	79	Alan Lewis	M75	3.	563	Trentham RC	n/a	1:10:58
152.	36	Chris Roberts	M50	11.	87	Newcastle (Staffs) AC	115	1:12:00
153.	74	Rita Banks	F75	2.	222	Stone MM	n/a	1:12:02
154.	96	Chrissy Barrow	F Sen	8.	176	South Chrshire Harriers	140	1:12:27
155.	81	Charlotte Ward	F40	10.		Stafford Harriers	180	1:12:28
156.	66	Hazel Barlow	F55	11.	397	Michelin AC	348	1:12:46
157.	16	Alan Carr	M70	7.		Lonely Goat RC	105	1:13:24
158.	177	Steffi Ward	F40	11.		Lonely Goat RC	387	1:14:06
159.	178	Kelly King-Powell	F40	12.			387	1:14:06
160.	171	Emma Lonczyk	F40	13.	866	Blythe Bridge RC	378	1:14:22
161.	51	Melody Morris	F45	12.		Potters Trotters	372	1:16:42
162.	111	Sharon Rowley	F50	9.		Potters Trotters	n/a	1:16:47
163.	26	Heather Higgs	F35	7.		Rising Brook Runners	413	1:16:58
164.	150	Hollie Birkinshaw	F Sen	9.			185	1:17:14
165.	114	Wendy Miller	F40	14.		Cheadle RC	394	1:18:01
166.	91	Judith Gibson	F45	13.	631	NSRRA	325	1:18:14
167.	68	Carole Wilshaw	F60	4.		Potters Trotters	371	1:18:18
168.	38	Lee Lymer	F55	12.		Silverdale RC	224	1:18:44
169.	124	Charli Weller	F50	10.	338	Newcastle (Staffs) AC	319	1:19:00
170.	39	Alli Lymer	F55	13.		Silverdale RC	194	1:19:58
171.	15	Colin Pheasant	M60	8.	382	Chase Harriers	400	1:21:34
172.	163	Valerie Stuart	F75	3.		Stafford Harriers	n/a	1:22:57
173.	19	Caroline Davies	F45	14.		Stoke FIT	427	1:23:12
174.	67	Janet Brindley	F65	2.	596	Potters Trotters	292	1:24:00
175.	18	Mike Eyre	M50	12.			476	1:29:39
176.	118	Marie Burt	F60	5.	7	Chase Harriers	210	1:33:39
177.	141	Jane Mardon	F70	3.		Teesdale Athletic Club	313	1:36:15
178.	126	Jackie MCGowan	F50	11.		Potters trotters	265	1:40:37
179.	86	Anne Davies	F65	3.	344	Stoke Fit	373	2:02:32

Number of records: 179