

Dam Flask Relays

Overall Results (By Contest)

Pos	Bib	Leg 1	Leg 2	Leg 3	Leg 4	AG	Club	Chip	Time
Senior Male, MV40 & MV50									
Male									
1.	47	17:48	18:46	16:49	17:42	MSen	Hallamshire Harriers	1:11:05	1:11:05
2.	48	17:37	18:49	17:59	18:26	MSen	Hallamshire Harriers	1:12:51	1:12:51
3.	49	18:07	20:38	19:05	17:38	MSen	Hallamshire Harriers	1:15:28	1:15:28
4.	33	18:54	19:55	19:25	19:20	MSen	Dronfield RC	1:17:34	1:17:34
5.	50	18:38	19:07	19:56	20:07	MSen	Hillsborough & Rivelin RC	1:17:48	1:17:48
6.	85	19:27	20:04	19:15	19:34	MSen	Sheffield Running Club	1:18:19	1:18:20
7.	87	19:07	19:43	19:43	19:51	MV40	Sheffield Running Club	1:18:23	1:18:24
8.	41	19:37	19:46	20:15	19:00	MSen	Totley AC	1:18:38	1:18:38
9.	18	18:42	20:45	20:15	18:57	MSen	Steel City Striders	1:18:38	1:18:39
10.	79	19:03	20:19	19:19	20:09	MSen	Barnsley AC	1:18:49	1:18:50
11.	43	19:42	20:24	20:27	19:59	MV40	Totley AC	1:20:32	1:20:32
12.	1	19:19	20:06	21:14	21:36	MSen	Barnsley Harriers	1:22:14	1:22:15
13.	27	19:27	20:14	21:01	22:13	MV40	Doncaster AC	1:22:54	1:22:55
14.	34	20:58	21:17	20:38	20:24	MSen	Dronfield RC	1:23:15	1:23:17
15.	21	19:28	20:46	22:24	20:48	MV40	Steel City Striders	1:23:25	1:23:26
16.	51	20:43	20:28	21:28	21:49	MSen	Hillsborough & Rivelin RC	1:24:25	1:24:28
17.	58	20:17	21:15	21:30	21:31	MV40	Hillsborough & Rivelin RC	1:24:31	1:24:33
18.	42	20:16	22:27	21:02	20:50	MSen	Totley AC	1:24:34	1:24:35
19.	16	20:54	21:17	21:45	21:13	MV50	Penistone Footpath Runners	1:25:07	1:25:09
20.	13	19:52	22:12	22:15	21:22	MV40	Penistone Footpath Runners	1:25:40	1:25:41
21.	71	21:17	22:16	21:44	21:08	MV40	Clowne Road Runners	1:26:24	1:26:25
22.	44	21:18	21:28	22:12	21:36	MV40	Totley AC	1:26:33	1:26:34
23.	88	21:09	24:08	21:33	20:00	MV40	Sheffield Running Club	1:26:48	1:26:50
24.	39	20:56	22:11	22:20	21:28	MSen	Askern & District AC	1:26:54	1:26:55
25.	29	22:00	20:45	22:30	22:20	MV40	Kimberworth Striders	1:27:33	1:27:35
26.	22	21:10	22:01	22:51	21:56	MV40	Steel City Striders	1:27:55	1:27:58
27.	86	21:33	24:08	20:49	21:37	MSen	Sheffield Running Club	1:28:07	1:28:07
28.	63	24:06	22:05	20:27	21:40	MV50	Hillsborough & Rivelin RC	1:28:15	1:28:18
29.	83	21:05	22:47	21:29	23:09	MV50	Barnsley AC	1:28:29	1:28:30
30.	12	20:58	22:17	23:23	21:55	MSen	Penistone Footpath Runners	1:28:29	1:28:33
31.	46	24:42	21:09	21:51	20:55	MSen	Hallamshire Harriers	1:28:34	1:28:37
32.	68	21:21	22:26	22:27	22:30	MV40	Denby Dale AC	1:28:41	1:28:44
33.	19	21:37	22:54	23:17	20:59	MSen	Steel City Striders	1:28:46	1:28:47
34.	59	22:27	21:18	22:50	23:14	MV40	Hillsborough & Rivelin RC	1:29:46	1:29:49
35.	52	22:22	22:26	21:35	23:54	MSen	Hillsborough & Rivelin RC	1:30:14	1:30:17
36.	67	22:04	22:13	24:17	21:58	MV40	Denby Dale AC	1:30:29	1:30:32
37.	78	19:20	23:00	22:40	25:38	MSen	Rotherham Harriers	1:30:37	1:30:38
38.	82	21:41	23:47	22:12	23:19	MV40	Barnsley AC	1:30:58	1:30:59
39.	35	22:01	22:54	23:03	23:12	MSen	Dronfield RC	1:31:08	1:31:10
40.	66	22:41	21:55	22:04	24:46	MV40	Hillsborough & Rivelin RC	1:31:24	1:31:26
41.	5	23:09	23:40	23:13	21:29	MV40	Barnsley Harriers	1:31:29	1:31:31
42.	60	21:41	23:46	23:10	23:50	MV40	Hillsborough & Rivelin RC	1:32:24	1:32:27
43.	53	21:22	24:36	23:06	24:16	MSen	Hillsborough & Rivelin RC	1:33:16	1:33:20
44.	56	24:52	24:35	23:20	20:54	MSen	Hillsborough & Rivelin RC	1:33:38	1:33:41
45.	8	22:46	24:53	23:41	23:45	MV40	Danum Harriers	1:35:01	1:35:05
46.	36	23:26	22:58	26:26	22:57	MV40	Dronfield RC	1:35:44	1:35:47
47.	14	23:06	23:21	24:37	25:04	MV40	Penistone Footpath Runners	1:36:03	1:36:08
48.	61	24:30	25:24	24:15	22:25	MV40	Hillsborough & Rivelin RC	1:36:31	1:36:34

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Pos	Bib	Leg 1	Leg 2	Leg 3	Leg 4	AG	Club	Chip	Time
49.	10	23:38	23:28	24:56	24:39	MV50	Danum Harriers	1:36:38	1:36:41
50.	17	23:22	23:40	26:05	23:58	MSen	Sheffield Tri Club	1:37:02	1:37:05
51.	25	23:12	24:59	25:36	23:28	MV50	Steel City Striders	1:37:10	1:37:15
52.	23	25:01	23:27	23:54	25:27	MV40	Steel City Striders	1:37:47	1:37:49
53.	30	24:36	24:00	27:32	21:45	MSen	Kimberworth Striders	1:37:49	1:37:53
54.	70	19:39	25:46	28:41	23:48	MSen	Clowne Road Runners	1:37:53	1:37:54
55.	55	22:19	23:53	28:56	22:52	MSen	Hillsborough & Rivelin RC	1:37:57	1:38:00
56.	64	24:15	25:51	24:03	25:11	MV50	Hillsborough & Rivelin RC	1:39:19	1:39:20
57.	20	24:38	24:50	24:37	25:28	MSen	Steel City Striders	1:39:28	1:39:33
58.	28	22:15	22:54	25:27	29:12	MV40	Doncaster AC	1:39:46	1:39:48
59.	57	23:48	24:32	24:53	28:03	MSen	Hillsborough & Rivelin RC	1:41:13	1:41:16
60.	31	23:38	25:09	27:39	25:16	MV40	Kimberworth Striders	1:41:38	1:41:42
61.	15	26:16	26:30	25:27	24:23	MV40	Penistone Footpath Runners	1:42:32	1:42:36
62.	62	23:49	25:19	26:08	27:55	MV40	Hillsborough & Rivelin RC	1:43:07	1:43:11
63.	80	20:48	20:35	25:32	36:34	MSen	Barnsley AC	1:43:28	1:43:29
64.	45	23:40	26:38	24:51	28:25	MV50	Totley AC	1:43:32	1:43:34
65.	3	25:16	28:34	25:05	25:20	MV50	Barnsley Harriers	1:44:10	1:44:15
66.	4	25:00	24:41	29:04	27:15	MSen	Barnsley Harriers	1:45:56	1:46:00
67.	69	28:00	25:42	26:57	27:11	MV40	Denby Dale AC	1:47:47	1:47:50
68.	7	24:04	24:26	31:16	28:47	MSen	Danum Harriers	1:48:31	1:48:33
69.	90	26:40	26:01	29:32	26:37	MV50	Sheffield Running Club	1:48:46	1:48:50
70.	11	25:43	30:20	24:22	28:43	MV50	Danum Harriers	1:49:06	1:49:08
71.	38	25:42	25:49	31:10	27:26	MV50	Dronfield RC	1:50:03	1:50:07
72.	65	28:11	26:48	28:10	27:10	MV50	Hillsborough & Rivelin RC	1:50:15	1:50:19
73.	32	28:27	29:26	29:10	23:37	MV40	Kimberworth Striders	1:50:35	1:50:40
74.	2	27:13	26:01	25:54	32:16	MV40	Barnsley Harriers	1:51:19	1:51:24
75.	72	24:32	26:37	29:53	32:07	MV50	Clowne Road Runners	1:53:06	1:53:09
76.	24	28:43	28:31	27:07	29:56	MV40	Steel City Striders	1:54:13	1:54:17
77.	40	29:53	25:45	26:07	37:45	MV40	Askern & District AC	1:59:26	1:59:30
78.	84	27:20	30:40	33:51	29:51	MV50	Barnsley AC	2:01:37	2:01:42
79.	26	29:39	31:22	29:06	32:10	MV40	Steel City Striders	2:02:12	2:02:17
80.	6	35:39	33:15	31:16	28:06	MV50	Barnsley Harriers	2:08:10	2:08:16

Senior Female, FV35, FV45, FV55 & MV60

Female

1.	166	19:13	22:31	21:50		FSen	Hallamshire Harriers	1:03:34	1:03:34
2.	127	21:23	22:15	22:41		FSen	Steel City Striders	1:06:19	1:06:19
3.	165	22:13	23:11	22:25		FV35	Totley AC	1:07:49	1:07:49
4.	168	22:11	22:45	23:12		FSen	Hillsborough & Rivelin RC	1:08:07	1:08:08
5.	173	24:04	23:04	23:32		FV35	Hillsborough & Rivelin RC	1:10:39	1:10:40
6.	169	22:58	23:45	24:11		FSen	Hillsborough & Rivelin RC	1:10:53	1:10:54
7.	128	22:54	25:19	22:45		FSen	Steel City Striders	1:10:57	1:10:58
8.	157	23:12	23:18	24:33		FV35	Totley AC	1:11:02	1:11:03
9.	197	23:45	24:43	23:41		FV35	Barnsley AC	1:12:09	1:12:09
10.	204	24:54	25:12	22:11		FV35	Sheffield Running Club	1:12:15	1:12:17
11.	151	21:46	23:46	27:20		FSen	Dronfield RC	1:12:52	1:12:52
12.	196	22:34	25:52	24:32		FSen	Barnsley AC	1:12:57	1:12:58
13.	129	24:46	23:34	24:57		FSen	Steel City Striders	1:13:15	1:13:17
14.	179	23:24	27:39	22:26		FV45	Hillsborough & Rivelin RC	1:13:29	1:13:29
15.	136	24:30	24:05	25:35		FV45	Steel City Striders	1:14:07	1:14:10
16.	167	23:34	25:19	25:46		FSen	Hallamshire Harriers	1:14:38	1:14:39

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Pos	Bib	Leg 1	Leg 2	Leg 3	Leg 4	AG	Club	Chip	Time
17.	170	23:30	26:30	25:15		FSen	Hillsborough & Rivelin RC	1:15:14	1:15:15
18.	174	25:09	25:21	25:12		FV35	Hillsborough & Rivelin RC	1:15:40	1:15:42
19.	103	25:10	24:37	26:13		FSen	Barnsley Harriers	1:15:58	1:16:00
20.	133	24:43	24:55	26:54		FV35	Steel City Striders	1:16:30	1:16:32
21.	158	25:57	26:20	24:28		FV35	Totley AC	1:16:43	1:16:45
22.	160	23:13	26:03	27:49		FV45	Totley AC	1:17:03	1:17:05
23.	131	25:00	26:33	25:36		FSen	Steel City Striders	1:17:06	1:17:09
24.	152	26:48	24:43	26:11		FV35	Dronfield RC	1:17:38	1:17:42
25.	201	26:58	24:36	26:37		FSen	Sheffield Running Club	1:18:07	1:18:11
26.	145	24:03	27:37	26:46		FV45	Kimberworth Striders	1:18:24	1:18:26
27.	188	26:22	22:11	30:05		FV35	Rotherham Harriers	1:18:33	1:18:38
28.	161	23:22	29:14	26:06		FV45	Totley AC	1:18:39	1:18:42
29.	175	28:07	25:40	25:04		FV35	Hillsborough & Rivelin RC	1:18:49	1:18:51
30.	156	25:35	26:28	27:22		FSen	Totley AC	1:19:24	1:19:25
31.	123	26:28	26:05	27:15		FV45	Penistone Footpath Runners	1:19:44	1:19:48
32.	111	26:42	25:28	28:23		FSen	Danum Harriers	1:20:31	1:20:33
33.	120	26:41	27:00	27:18		FSen	Penistone Footpath Runners	1:20:56	1:20:59
34.	198	27:12	29:20	24:30		FV35	Barnsley AC	1:20:59	1:21:02
35.	199	23:16	30:26	27:24		FV55	Barnsley AC	1:21:06	1:21:06
36.	122	27:15	25:32	28:54		FV35	Penistone Footpath Runners	1:21:37	1:21:41
37.	142	26:17	26:58	28:28		FSen	Doncaster AC	1:21:40	1:21:43
38.	125	22:21	30:48	28:46		FSen	Sheffield Tri Club	1:21:55	1:21:55
39.	171	28:39	28:24	25:35		FSen	Hillsborough & Rivelin RC	1:22:33	1:22:38
40.	177	28:17	26:22	28:46		FV35	Hillsborough & Rivelin RC	1:23:20	1:23:25
41.	185	23:26	28:20	31:51		FSen	Clowne Road Runners	1:23:35	1:23:37
42.	176	28:48	26:58	27:52		FV35	Hillsborough & Rivelin RC	1:23:36	1:23:38
43.	132	28:23	28:27	27:20		FSen	Steel City Striders	1:24:06	1:24:10
44.	181	26:52	28:31	29:39		FV35	Denby Dale AC	1:24:59	1:25:02
45.	186	28:58	31:45	25:17		FV35	Clowne Road Runners	1:25:55	1:26:00
46.	149	27:37	26:28	32:00		FSen	Kimberworth Striders	1:26:01	1:26:05
47.	159	28:01	29:56	28:21		FV35	Totley AC	1:26:16	1:26:18
48.	134	32:28	28:23	26:23		FV35	Steel City Striders	1:27:08	1:27:14
49.	187	26:12	27:26	33:42		FSen	Rotherham Harriers	1:27:14	1:27:20
50.	202	27:41	28:52	30:54		FSen	Sheffield Running Club	1:27:22	1:27:27
51.	114	28:13	31:13	28:03		FV45	Danum Harriers	1:27:27	1:27:29
52.	137	28:53	28:42	29:57		FV55	Steel City Striders	1:27:29	1:27:32
53.	162	29:34	29:00	29:05		FV55	Totley AC	1:27:36	1:27:39
54.	146	29:01	33:58	25:21		FV45	Kimberworth Striders	1:28:17	1:28:20
55.	130	29:22	28:52	30:18		FSen	Steel City Striders	1:28:26	1:28:32
56.	163	28:45	30:33	29:38		FV55	Totley AC	1:28:51	1:28:56
57.	172	29:16	30:55	29:10		FSen	Hillsborough & Rivelin RC	1:29:19	1:29:21
58.	205	31:58	29:55	27:31		FV35	Sheffield Running Club	1:29:19	1:29:24
59.	106	29:35	29:28	30:31		FV35	Barnsley Harriers	1:29:30	1:29:34
60.	105	29:53	28:53	30:58		FV35	Barnsley Harriers	1:29:40	1:29:44
61.	183	29:47	29:05	32:09		FV35	Denby Dale AC	1:30:58	1:31:01
62.	178	31:57	29:11	30:01		FSen	Hillsborough & Rivelin RC	1:31:02	1:31:09
63.	153	29:39	30:08	31:25		FV45	Dronfield RC	1:31:09	1:31:12
64.	113	25:52	35:44	29:43		FV35	Danum Harriers	1:31:16	1:31:19
65.	102	27:05	29:57	34:23		FV35	Barnsley Harriers	1:31:23	1:31:25
66.	147	29:11	33:28	29:23		FV35	Kimberworth Striders	1:31:57	1:32:02

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67.	150	31:06	30:53	30:34		FV35	Kimberworth Striders	1:32:28	1:32:33
68.	144	32:29	28:23	32:37		FV35	Doncaster AC	1:33:24	1:33:29
69.	180	29:42	30:54	34:23		FV45	Hillsborough & Rivelin RC	1:34:57	1:34:59
70.	124	30:18	32:52	32:46		FV45	Penistone Footpath Runners	1:35:52	1:35:56
71.	104	33:14	33:05	30:12		FV45	Barnsley Harriers	1:36:26	1:36:31
72.	135	30:56	33:07	32:39		FV35	Steel City Striders	1:36:36	1:36:42
73.	110	30:48	32:27	34:05		FSen	Barnsley Harriers	1:37:15	1:37:20
74.	143	32:25	34:32	32:35		FV45	Doncaster AC	1:39:26	1:39:32
75.	108	30:04	41:25	28:15		FV45	Barnsley Harriers	1:39:39	1:39:44
76.	112	34:40	32:35	32:52		FSen	Danum Harriers	1:40:01	1:40:07
77.	182	31:45	37:21	33:01		FV35	Denby Dale AC	1:42:03	1:42:07
78.	121	31:55	35:56	34:30		FV35	Penistone Footpath Runners	1:42:16	1:42:21
79.	109	33:33	36:10	35:00		FV55	Barnsley Harriers	1:44:40	1:44:43
80.	107	36:20	34:39	34:15		FV45	Barnsley Harriers	1:45:10	1:45:14
81.	154	40:43	33:02	38:40		FV45	Askern & District AC	1:52:19	1:52:25
82.	155	27:58	41:40	44:49		FV35	Askern & District AC	1:54:23	1:54:27

Male

1.	200	24:13	25:08	21:29		MV60	Sheffield Running Club	1:10:49	1:10:50
2.	118	23:31	26:49	24:35		MV60	Penistone Footpath Runners	1:14:54	1:14:55
3.	141	24:30	26:29	25:08		MV60	Doncaster AC	1:16:06	1:16:07
4.	148	22:56	25:51	29:05		MV60	Kimberworth Striders	1:17:51	1:17:52
5.	139	26:37	28:53	27:02		MV60	Steel City Striders	1:22:27	1:22:32
6.	116	28:07	26:22	28:07		MV60	Danum Harriers	1:22:34	1:22:36
7.	184	25:37	26:51	30:12		MV60	Denby Dale AC	1:22:37	1:22:40
8.	140	27:42	27:25	27:39		MV60	Steel City Striders	1:22:42	1:22:46
9.	119	28:06	28:36	29:18		MV60	Penistone Footpath Runners	1:25:57	1:26:00
10.	164	29:09	30:36	30:22		MV60	Totley AC	1:30:03	1:30:07
11.	117	29:42	31:53	28:54		MV60	Danum Harriers	1:30:24	1:30:29

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