

Pos	Bib	Name	Time	Pos	Bib	Name	Time
Female Senior				8.	81	Emma Corby	46:47
1.	327	Abbey van Dijk	31:54	9.	151	Diane Hill	47:23
2.	150	Charlotte Hicks	35:44	10.	230	Emma Owens	48:01
3.	304	Laura Sullivan	39:16	11.	36	Alison Blyth	48:11
4.	125	Orla Godfrey	43:04	12.	95	Bernadette Dooley	48:54
5.	377	Lucy Antcliffe	46:03	13.	57	Rachel Bury	49:50
6.	376	Rebecca Spencer	46:04	14.	236	Karen Paterson	49:54
7.	212	Emma Meredith	46:11	15.	253	Laura Richmond	50:27
8.	345	Bethany Wilding	46:31	16.	106	Emily England	53:42
9.	324	Ebony Upton	47:18	17.	370	Izha Lao	53:49
10.	286	Amie Smith	47:33	18.	9	Natalie Allsop	54:25
11.	124	Aisha Gilbert	51:50	19.	11	Linda Anthoney	54:40
12.	318	Grace Toule	53:56	20.	3	Elisha Allen	54:53
13.	119	Amy Freer	59:22	21.	315	Toni Tomlinson	55:26
14.	79	Liz Cook	1:08:59	22.	231	Jane Owers	56:06
15.	90	Sophie Davey	1:11:17	23.	271	Nicola Sanderson	56:36
16.	171	Hayley Jones	1:19:44	24.	6	Nikki Allen	1:02:56
Female 35-39				25.	358	Jacqueline Worthington	1:03:08
1.	109	Shelley Fairey	31:21	26.	98	Heather Dunbar	1:04:54
2.	257	Georgina Riley	39:49	Female 45-49			
3.	172	Lisa Jones	41:16	1.	200	Louise Lowe	39:52
4.	243	Nicola Pochibko	42:03	2.	207	Fiona McIntyre	44:33
5.	120	Maria Gamero	44:18	3.	60	Faith Carlin	45:27
6.	110	Rachel Farrow	45:10	4.	351	Sue Wolfgang	45:38
7.	162	Claire Innes	49:19	5.	194	Sara Lewis	46:29
8.	381	Maddie Price	51:15	6.	49	Fiona Brown	49:17
9.	130	Marie Grebby	52:05	7.	191	Mary Lester	50:32
10.	209	Gem Meek	52:07	8.	42	Kim Bradbury	52:56
11.	117	Lisa Flude	52:14	9.	32	Sarah Billinger	53:20
12.	30	Jen Beverley	53:16	10.	338	Kerry Wathall	54:20
13.	134	Kara Guard	55:05	11.	47	Louise Brougham	55:03
14.	77	Lauren Connor	55:08	12.	343	Helen Whitham	58:40
15.	356	Trish Woodward	56:01	13.	188	Kelly Latimer	1:01:51
16.	76	Helen Connor	57:21	14.	73	Rachel Cliff	1:03:08
17.	181	Adele Kirk	57:52	15.	122	Nicola Gibbins	1:04:03
18.	99	Stephanie Dunham	59:22	16.	297	Nicola Stevenson	1:08:59
19.	237	Helen Pearson	1:02:31	17.	75	Claire Connolly	1:19:45
20.	307	Charly Terrey	1:02:33	18.	290	Sarah Smith	1:20:13
21.	115	Kat Fletcher	1:03:11	Female 50-54			
Female 40-44				1.	367	Caroline Scott	39:06
1.	372	Juliet Potter	30:25	2.	108	Paula Evans	40:47
2.	272	SARAH SEMMENS	33:18	3.	21	Janine Barrowcliffe	41:11
3.	366	Sarah Sutton	38:34	4.	241	Liz Phillips	41:27
4.	246	Jane Potter	38:48	5.	300	Tracie Stevenson	48:28
5.	65	Rowan Chamberlain	41:32	6.	71	Jayne Clarke	48:44
6.	121	laura gapski	42:23	7.	262	Nicola Roberts	49:51
7.	185	Elizabeth Lakin	43:12	8.	128	Nicola Grainger	50:12
				9.	154	Jayne Holmes	51:27

Pos	Bib	Name	Time	Pos	Bib	Name	Time
10.	255	Rebecca Richmond	52:05	8.	355	Michael Woodward	34:26
11.	228	Dawn O'Hara	52:21	9.	85	Charlie Cotton	36:35
12.	251	Carol Rhodes	52:32	10.	249	James Realey	37:19
13.	359	Lisa Wright	52:39	11.	363	John Ellis	37:44
14.	240	Janene Penny	54:01	12.	216	Lucas Monk	38:13
15.	15	Sally Bamford	54:25	13.	158	Tomas Hradisky	40:33
16.	330	Karen Wagstaff	58:53	14.	52	Carl Buckley	40:34
17.	84	Wendy Cotterill	58:54	15.	89	David Cross	40:48
Female 55-59				16.	29	Richard Benton	41:04
1.	192	Jo Lewis	45:26	17.	232	Andrew Packer	41:59
2.	223	Annabel Nickols	46:35	18.	64	Lewis Carty	43:19
3.	17	Bev Barnes	46:49	19.	38	Brett Bonshor	44:53
4.	148	Julie Heithus	49:14	20.	234	Ryan Parkin	46:08
5.	12	Annabel Attenborough	49:29	21.	56	Richard Burton	46:42
6.	353	Alyson Woodcock	49:46	22.	326	Simon Van der Bijl	47:05
7.	296	Dawn Stevenson	51:13	23.	379	William Reader	48:08
8.	113	Caroline Finnegan	51:31	24.	374	Richard Painter	48:57
9.	303	Caroline stoddart	52:06	25.	362	Tim Drinkall	53:08
10.	346	Claire Wilkinson	52:45	26.	365	Dan Headley	53:28
11.	132	Sheila Groves	52:56	27.	116	antony flook	55:05
12.	54	Denise Burden	57:18	28.	283	Steven Slater	56:23
13.	199	Sonia Lord	58:16	29.	314	Andy Tidmarsh	1:03:24
14.	265	Wendy Rudd	1:00:52	30.	182	Paul Kirkman	1:10:47
15.	289	Lynda Smith	1:20:13	31.	259	Thomas Riley	1:11:18
Female 60-64				Male 40-44			
1.	137	Pam Hamilton	50:26	1.	97	Tim Draycott	33:57
2.	88	Kathy Crockford	55:50	2.	277	Phil Shearing	34:15
3.	239	Mary Penfold	57:42	3.	369	Robert Hutchinson	34:59
4.	126	Nicky Godridge	58:40	4.	305	Chris Swan	36:30
5.	68	Lynne Chapman	59:37	5.	354	Luke Woodiwiss	36:45
6.	183	Karen Kitson	1:00:15	6.	135	Neil Hall-Gardiner	37:29
7.	349	Val Williamson	1:00:36	7.	317	Benjamin Toule	38:01
8.	26	Julie Bell	1:03:30	8.	375	Nathan Sutton	38:29
9.	334	Amanda Wallis	1:03:54	9.	238	Phil Peers	39:20
Female 70-74				10.	380	James Spray	39:26
1.	74	Maddy Collinge	50:29	11.	123	Karl Gibson	39:28
Female 75-79				12.	248	Bobby Radwan	39:38
1.	219	Bertha Morral	1:10:05	13.	2	John Alcock	44:57
Male Senior				14.	214	David Millington	46:32
1.	176	Martin Kerr	29:22	15.	288	Gareth Smith	48:10
2.	156	Stephen Horton	31:18	16.	368	Dominic Hutchinson-Backer	48:47
3.	328	Sebastien van Dijk	32:33	17.	80	Jacob Cooke	49:19
4.	48	Sam Broughton	32:42	18.	61	Ashley Cartledge	58:12
5.	165	Liam Jackson	32:43	Male 45-49			
6.	78	Stephen Connor	33:04	1.	299	Philip Stevenson	33:15
7.	50	Nick Brown	34:11	2.	86	Chris Cotton	33:59
				3.	175	Chris Jordan	34:10
				4.	164	Mark Ison	35:36

Pos	Bib	Name	Time	Pos	Bib	Name	Time
5.	157	Andy Hough	36:05	3.	298	Paul Stevenson	46:44
6.	173	Matthew Jones	36:11	4.	263	Stephen Robinson	52:53
7.	226	Simon Oates	37:03	5.	242	Paul Phillips	57:34
8.	213	Richards Michael	37:31	Male 65-69			
9.	295	Anthony Stevenson	37:53	1.	256	David Riley	37:16
10.	350	Neil Wilson	41:10	2.	285	Alan Smith	46:38
11.	186	Robert Lane	42:37	3.	264	stephen rooney	51:38
12.	93	Wil Ditheridge	42:58	4.	87	Bob Crockford	51:47
13.	143	Brian Hatwell	45:06	Male 75-79			
14.	274	Sunil Sharma	45:30	1.	373	Chris Proud	44:04
15.	270	Shiron Saha	46:20	2.	227	john O'Donnell	45:47
16.	378	Jason Reader	48:13				
17.	107	Andy Evans	48:18	1.	316	shelley totty	1:02:16
18.	25	Scott Beighton	48:21				
19.	291	Ian Stanley-Smith	51:25				
20.	371	Ian Naylor	54:31				
21.	4	Jim Allen	1:02:56				

Number of records: 231

Male 50-54

1.	193	Paul Lewis	32:56
2.	252	Glenn Riches	33:09
3.	19	Simon Barnes	35:41
4.	329	Paul Wade	37:56
5.	335	Brian Warner	39:59
6.	178	Marc Kinch	40:06
7.	382	Dave Evans	40:14
8.	43	Simon Bray	40:28
9.	235	Robert Pasley	42:35
10.	147	Alistair Haywood	43:01
11.	302	Kyle Stewart	44:21
12.	149	Matthew Henning	46:15
13.	22	Colin Bateman	48:32
14.	72	Neil Clarke	48:44
15.	247	Ross Poyzer	50:15
16.	67	Keith Chandler	50:54
17.	254	Ian Richmond	52:05
18.	69	Thomas Chimes	1:00:36

Male 55-59

1.	250	Neil Realey	36:29
2.	13	Andrew Ball	37:50
3.	82	Andrew Cornell	41:41
4.	348	Tony Wilkinson	42:24
5.	357	Neil Worth	47:57
6.	364	Shaun Burton	49:54
7.	266	Christopher Rudd	1:00:52

Male 60-64

1.	100	P Edmonds	40:17
2.	136	Doug Hamilton	43:59