

Malvern Joggers 10k 2023

Overall Results



Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Gun
1.	230	Paul Childs		M40-49	1st	Malvern Buzzards RC	39:09	39:10
2.	43	Henry Sly		M40-49	2nd	Bristol & West AC	39:43	39:44
3.	67	Henry Pugh		M Sen	1st	Malvern Joggers	40:00	40:01
4.	172	Kieran Deegan		M Sen	2nd	Black Pear Joggers	40:08	40:09
5.	123	Matt James		M Sen	3rd	Hereford Couriers RC	40:25	40:26
6.	178	Colin Davies		M Sen	4th	Malvern Triathlon Club	40:29	40:31
7.	53	Carl Salmon		M Sen	5th	Malvern Buzzards RC	40:37	40:38
8.	112	Adam Knights		M Sen	6th	Black Pear Joggers	41:25	41:27
9.	61	Hugo Rees		M50-59	1st		42:41	42:44
10.	45	Mike Sherman		M40-49	3rd	Burnham-on-Sea Harriers	42:51	42:53
11.	85	Jon Newey		M50-59	2nd	Black Pear Joggers	43:06	43:08
12.	55	Steve Rooke		M50-59	3rd	Ledbury & District Harriers	43:12	43:14
13.	69	Sam Plant		M Sen	7th	Black Pear Joggers	44:06	44:08
14.	104	Greg Lord		M Sen	8th	Malvern Buzzards RC	44:52	44:55
15.	185	Adrian Cox		M40-49	4th	Black Pear Joggers	44:54	44:58
16.	144	Phill Grubb		M Sen	9th	Club coaction	45:31	45:32
17.	4	Scott Withey		M Sen	10th	Evesham RC	45:38	45:40
18.	84	Chris Nicholls		M40-49	5th	Tewkesbury RC	45:42	45:46
19.	51	Daniel Scolari		M Sen	11th	Black Pear Joggers	45:59	46:02
20.	78	David O'Brien		M50-59	4th	Worcester AC	46:14	46:16
21.	87	Sam Muscutt		M Sen	12th		46:29	46:43
22.	207	Robbie Brennan		M40-49	6th		47:05	47:11
23.	186	Mickael Courbe		M Sen	13th	Pershore Plum Plodders	47:43	47:50
24.	71	Chris Pinder		M Sen	14th	Malvern Buzzards RC	48:07	48:09
25.	161	Phil Edwards		M50-59	5th	Worcester AC	48:09	48:12
26.	202	John Bryan		M40-49	7th	Malvern Triathlon Club	48:23	48:25
27.	187	Laurence Cooper		M Sen	15th		48:32	48:36
28.	152	Andy Gandon		M60-69	1st		48:38	48:40
29.	93	Tristan Mitchell		M40-49	8th		48:36	48:41
30.	208	John Brennan		M40-49	9th	Lonely Goat RC	48:40	48:46
31.	73	Simon Pettifer		M40-49	10th	Black Pear Joggers	48:53	49:03
32.	24	Howard Thompson		M50-59	6th	Black Pear Joggers	49:02	49:06
33.	79	Edward O'Neill		M50-59	7th	Sparkhill Harriers	49:03	49:08
34.	62	Martin Reed-Darby		M Sen	16th	Malvern Buzzards RC	49:10	49:14
35.	127	Shane Jackson		M Sen	17th		49:25	49:26
36.	219	Richard Beetlestone		M40-49	11th	Pershore Plum Plodders	49:25	49:33
37.	118	Matthew Jones		M Sen	18th	Malvern Joggers	49:53	49:57
38.	122	Owen Jarman		M50-59	8th	Worcester AC	50:00	50:05
39.	64	Chris Reed		M40-49	12th	Malvern Joggers	50:03	50:06
40.	174	Sarah Davies		F35-44	1st	Malvern Triathlon Club	50:08	50:10
41.	232	Nick Seagrave		M40-49	13th		50:26	50:28
42.	94	Rob Minton		M40-49	14th		50:52	50:54
43.	59	Richie Richards		M50-59	9th	Hereford Couriers RC	50:55	50:58
44.	163	Sam Eden		M Sen	19th	Malvern Buzzards RC	50:57	51:02
45.	108	Malcolm Le		M Sen	20th	Pershore Plum Plodders	51:07	51:13
46.	139	Wayne Hartley		M40-49	15th	Black Pear Joggers	51:09	51:15
47.	42	Catherine Smith		F35-44	2nd		51:20	51:22
48.	167	Richard Drewett		M60-69	2nd	Black Pear Joggers	51:22	51:26
49.	30	Sean Taylor		M40-49	16th		51:44	51:54
50.	150	Tony Gibb		M50-59	10th		51:53	51:59

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Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Gun
51.	34	Lloyd Sussex	49th	M50-59	11th	Black Pear Joggers	51:56	52:04
52.	138	Vicia Hauser	3rd	F35-44	3rd	Malvern Joggers	52:03	52:08
53.	197	Matthew Capel	50th	M40-49	17th	Black Pear Joggers	52:03	52:10
54.	86	Paul Naughton	51st	M50-59	12th	Black Pear Joggers	52:06	52:14
55.	175	Mark Davies	52nd	M40-49	18th	Almost Athletes	52:31	52:37
56.	75	Simon Osborne	53rd	M50-59	13th	Droitwich AC	52:32	52:43
57.	119	Ben Jones	54th	M Sen	21st		52:37	52:44
58.	98	Trevor McGill	55th	M60-69	3rd		52:39	52:45
59.	50	Pete Scott	56th	M40-49	19th		52:33	52:45
60.	210	Andrew Bowles	57th	M50-59	14th	Cleobury Mortimer Running Club	52:46	52:55
61.	9	Chloe Wilson	4th	F35-44	4th	Black Pear Joggers	52:56	53:02
62.	101	Lucinda Lumley	5th	F35-44	5th		52:51	53:07
63.	205	Ben Brown	58th	M Sen	22nd	Hereford Couriers RC	52:55	53:10
64.	223	Louise Baines	6th	F35-44	6th		53:00	53:10
65.	209	Richard Bradley	59th	M60-69	4th		53:07	53:13
66.	21	Luke Unsworth	60th	M50-59	15th		53:11	53:16
67.	31	Lauren Taylor	7th	F Sen	1st	Pershore Plum Plodders	53:07	53:16
68.	148	Abi Gooderham	8th	F Sen	2nd	Pershore Plum Plodders	53:17	53:27
69.	35	Peter Strasiftak	61st	M Sen	23rd		53:38	53:49
70.	239	Kevin Kerrigan	62nd	M Sen	24th	Hereford Couriers RC	53:46	54:01
71.	133	Paul Hill	63rd	M40-49	20th		53:47	54:05
72.	20	Ally Walker	9th	F Sen	3rd	Black Pear Joggers	54:06	54:09
73.	164	Helen Easthope	10th	F45-54	1st	Lonely Goat RC	54:11	54:19
74.	111	Gareth Larnar	64th	M40-49	21st	Black Pear Joggers	55:01	55:10
75.	194	Eleanor Cassell	11th	F35-44	7th	Malvern Joggers	55:12	55:18
76.	217	Lucy Bennett-Poole	12th	F45-54	2nd	Malvern Joggers	55:33	55:38
77.	222	Rebecca Baldwin	13th	F Sen	4th		55:33	55:41
78.	231	Dominique Childs	14th	F35-44	8th	Malvern Buzzards RC	55:25	55:41
79.	203	Tom Brown	65th	M40-49	22nd		55:40	55:46
80.	212	Andrew Bottomley	66th	M50-59	16th	Black Pear Joggers	55:48	55:55
81.	97	Darren Mckay	67th	M50-59	17th	Black Pear Joggers	55:55	56:02
82.	236	Paul Grime	68th	M50-59	18th		55:56	56:07
83.	211	Matt Bourne	69th	M Sen	25th		56:08	56:11
84.	218	Anthony Bennett-Poole	70th	M50-59	19th	Malvern Joggers	56:08	56:14
85.	52	Jane Sauer	15th	F45-54	3rd	Tewkesbury RC	56:12	56:16
86.	228	George Mundy	71st	M40-49	23rd		56:26	56:29
87.	46	Mark Seyler	72nd	M50-59	20th		56:24	56:39
88.	5	Steve Wilson	73rd	M40-49	24th		56:50	56:58
89.	3	Jason Wolf	74th	M40-49	25th		57:02	57:15
90.	146	Tom Goodwin	75th	M Sen	26th		57:19	57:28
91.	221	Sue Baldwin	16th	F55-64	1st	Tewkesbury RC	57:26	57:31
92.	32	Harry Taylor	76th	M Sen	27th		57:29	57:40
93.	206	Andrew Brown	77th	M50-59	21st	Malvern Joggers	57:48	57:56
94.	106	Rachael Lewis	17th	F Sen	5th	Black Pear Joggers	58:05	58:08
95.	74	Stephen Palmer	78th	M40-49	26th		58:05	58:18
96.	196	James Carey	79th	M40-49	27th		58:12	58:22
97.	13	Terry Whitson	80th	M70-99	1st		58:20	58:28
98.	162	Cheri Edwards	18th	F35-44	9th	Running Somewhere Else	58:22	58:33
99.	1	Ian Yorke	81st	M50-59	22nd	Malvern Buzzards RC	58:29	58:37
100.	142	Emily Gwilliam	19th	F45-54	4th	Forest of Dean AC	58:35	58:41

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Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Gun
101.	145	Neil Griffiths	82nd	M50-59	23rd	Malvern Joggers	58:35	58:44
102.	173	Amanda Dawson	20th	F45-54	5th	Malvern Buzzards RC	58:39	58:45
103.	224	Jayne Ackroyd	21st	F55-64	2nd	Malvern Triathlon Club	58:49	58:52
104.	114	Paul Kippax	83rd	M50-59	24th		58:45	58:56
105.	179	Sabrina Davey	22nd	F35-44	10th		58:50	58:59
106.	56	Chris Rolfe	84th	M Sen	28th		58:53	59:00
107.	171	Sarah Dennis	23rd	F45-54	6th	Tewkesbury RC	59:07	59:11
108.	83	Carl Nichols	85th	M50-59	25th	Malvern Joggers	59:11	59:16
109.	153	Simon Gallagher	86th	M Sen	29th	Malvern Joggers	59:35	59:38
110.	237	Mandy Neufeld	24th	F55-64	3rd	Angels RC	59:40	59:51
111.	63	Rachel Reed	25th	F35-44	11th	Malvern Joggers	59:40	59:53
112.	235	Nicola Bowshell	26th	F45-54	7th	COBRA	59:44	59:54
113.	41	Ken Smith	87th	M60-69	5th	Radcliffe AC	59:45	59:59
114.	26	Jonathan Thomas	88th	M50-59	26th		59:52	1:00:00
115.	188	Jonathan Cooper	89th	M60-69	6th	Malvern Joggers	59:58	1:00:13
116.	113	Lee knight	90th	M50-59	27th		1:00:09	1:00:15
117.	37	Neil Smith	91st	M50-59	28th	Kenilworth Runners	1:00:05	1:00:18
118.	95	James Miles	92nd	M40-49	28th	Malvern Joggers	1:00:11	1:00:20
119.	66	Charlotte Raine	27th	F Sen	6th	Malvern Joggers	1:00:11	1:00:23
120.	38	Naomi Smith	28th	F35-44	12th		1:00:26	1:00:43
121.	169	Robert Dowse	93rd	M Sen	30th	Malvern Joggers	1:01:00	1:01:10
122.	132	Ella Hogan	29th	F45-54	8th	Ledbury & District Harriers	1:01:16	1:01:29
123.	156	Abi Ford	30th	F Sen	7th	Vegan runners	1:01:26	1:01:45
124.	90	Stuart Munday	94th	M60-69	7th	Black Pear Joggers	1:01:37	1:01:52
125.	154	Andrew Gallagher	95th	M50-59	29th	Malvern Joggers	1:01:43	1:01:53
126.	33	Elaine Taylor	31st	F45-54	9th		1:01:53	1:02:05
127.	40	Lisa Smith	32nd	F35-44	13th		1:01:53	1:02:09
128.	149	Sam Ginifer	96th	M40-49	29th		1:01:53	1:02:09
129.	157	Edward Fenner	97th	M50-59	30th		1:02:18	1:02:27
130.	234	Ben Crowther	98th	M Sen	31st		1:02:33	1:02:39
131.	214	Jonathan Birch	99th	M Sen	32nd		1:02:44	1:02:56
132.	204	Gemma Brown	33rd	F35-44	14th	Droitwich AC	1:02:47	1:03:04
133.	2	Jacqui Wynds	34th	F65-99	1st	Forest of Dean AC	1:02:59	1:03:08
134.	65	John Raine	100th		1st	Malvern Joggers	1:03:09	1:03:18
135.	76	Steve Ollis	101st	M50-59	31st		1:03:12	1:03:23
136.	89	Matt Murphy	102nd	M Sen	33rd		1:03:47	1:03:57
137.	151	Natalie Gascoigne	35th	F Sen	8th	Malvern Joggers	1:03:59	1:04:15
138.	7	Mark Wilson	103rd	M50-59	32nd		1:04:09	1:04:17
139.	195	Joanne Carter	36th	F55-64	4th	Angels RC	1:04:12	1:04:25
140.	198	Brian Callow	104th	M70-99	2nd		1:04:13	1:04:31
141.	233	Hannah Layland	37th	F35-44	15th		1:04:31	1:04:47
142.	200	Helen Burton	38th	F65-99	2nd	Black Pear Joggers	1:04:56	1:05:10
143.	227	Matt Lancett	105th	M40-49	30th		1:04:54	1:05:12
144.	91	Avril Munday	39th	F65-99	3rd	Black Pear Joggers	1:05:05	1:05:20
145.	49	Matt Sears	106th	M50-59	33rd	Lonely Goat RC	1:05:07	1:05:22
146.	54	Lisa Rouse	40th	F45-54	10th	Black Pear Joggers	1:05:08	1:05:22
147.	226	Greg Innes	107th	M40-49	31st		1:05:12	1:05:29
148.	131	Martin Hollingworth	108th	M50-59	34th		1:05:25	1:05:37
149.	105	Laurie Lockyear	41st	F35-44	16th		1:05:33	1:05:54
150.	128	Niall Hughes	109th	M40-49	32nd	San Domenico Running Club	1:05:47	1:05:56

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Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Gun
151.	115	John Kevany	110th	M50-59	35th	Malvern Triathlon Club	1:05:51	1:05:56
152.	27	Alex Teague	111th	M Sen	34th		1:05:52	1:06:12
153.	220	Deborah Band	42nd	F55-64	5th	Black Pear Joggers	1:06:14	1:06:19
154.	181	Sarah Cuddy	43rd	F45-54	11th	Malvern Buzzards RC	1:06:04	1:06:21
155.	29	Stuart Taylor	112th	M40-49	33rd	Hereford Couriers RC	1:06:05	1:06:23
156.	135	Ann Hewlett	44th	F45-54	12th	Pershore Plum Plodders	1:06:12	1:06:23
157.	58	Eleanor Robinson	45th	F65-99	4th	Pershore Plum Plodders	1:06:15	1:06:26
158.	70	Chris Pinson-Bradley	113th	M50-59	36th	Sneyd Striders RC	1:06:11	1:06:27
159.	48	Louise Seeney	46th	F45-54	13th	Malvern Triathlon Club	1:06:19	1:06:31
160.	25	Hannah Thompson	47th	F35-44	17th	Malvern Buzzards RC	1:06:20	1:06:37
161.	8	Jacqui Wilson	48th	F45-54	14th	Malvern Buzzards RC	1:06:49	1:06:56
162.	201	Robert Burns	114th	M50-59	37th	Malvern Joggers	1:07:05	1:07:14
163.	229	Dave Dyke	115th	M50-59	38th		1:07:04	1:07:21
164.	216	Rich Bentley	116th	M50-59	39th		1:07:14	1:07:28
165.	19	Joanne Walker	49th	F55-64	6th	Black Pear Joggers	1:07:22	1:07:37
166.	213	William Bloss	117th	M50-59	40th		1:07:27	1:07:47
167.	124	Jane James	50th	F55-64	7th	Malvern Joggers	1:07:34	1:07:47
168.	15	Dan Webb	118th	M50-59	41st	Malvern Joggers	1:07:49	1:08:02
169.	96	Kerrie Meszaros	51st	F35-44	18th	Malvern Joggers	1:08:48	1:09:00
170.	120	Patricia Johnson	52nd	F65-99	5th	Malvern Joggers	1:08:55	1:09:11
171.	116	Jo Judd	53rd	F45-54	15th	Malvern Joggers	1:09:58	1:10:20
172.	80	Zbigniew Nowicki	119th	M50-59	42nd		1:10:20	1:10:26
173.	44	Louise Skilling	54th	F35-44	19th		1:10:33	1:10:40
174.	99	Dave Matthews	120th	M50-59	43rd	Lonely Goat RC	1:10:30	1:10:48
175.	47	Leya Severs	55th	F Sen	9th	Droitwich AC	1:10:31	1:10:50
176.	103	Carole Lubkowski	56th	F65-99	6th	Malvern Joggers	1:10:49	1:11:09
177.	18	Darren Wall	121st	M50-59	44th	Pershore Plum Plodders	1:10:58	1:11:16
178.	147	Eva Goodhead	57th	F45-54	16th	Forest of Dean AC	1:11:30	1:11:41
179.	17	Fiona Wall	58th	F35-44	20th	Pershore Plum Plodders	1:11:29	1:11:44
180.	39	Margaret Smith	59th	F45-54	17th		1:11:37	1:11:53
181.	137	Julie Herbert	60th	F35-44	21st	Pershore Plum Plodders	1:11:42	1:11:57
182.	160	Rumana Edwards	61st	F45-54	18th	Malvern Joggers	1:12:00	1:12:07
183.	82	Claire Nichols	62nd	F55-64	8th		1:13:48	1:14:05
184.	136	Jennie Hermolle	63rd	F35-44	22nd	Malvern Joggers	1:14:42	1:15:01
185.	81	Steve Nicoll	122nd	M60-69	8th	Pershore Plum Plodders	1:15:25	1:15:38
186.	134	Dawn Hill	64th	F45-54	19th	Droitwich AC	1:15:33	1:15:51
187.	140	Sarah Harrod	65th	F45-54	20th	Droitwich AC	1:15:32	1:15:51
188.	72	Sarah Pilott	66th	F35-44	23rd	Black Pear Joggers	1:16:39	1:16:53
189.	68	Alexandra Pugh	67th	F Sen	10th		1:17:26	1:17:41
190.	121	Tim Jenkins	123rd	M60-69	9th	Black Pear Joggers	1:17:35	1:17:57
191.	100	Marianne Maisey	68th	F55-64	9th	Black Pear Joggers	1:17:55	1:18:15
192.	117	Vanessa Jones	69th	F55-64	10th	Malvern Joggers	1:19:00	1:19:20
193.	88	Nicola Murphy	70th	F55-64	11th	Malvern Joggers	1:22:42	1:23:01
194.	238	Abi Pamich	71st	F45-54	21st		1:26:37	1:26:57
195.	225	Tim Winstanley	124th	M50-59	45th	Malvern Joggers	1:26:55	1:27:15
196.	36	Jane Spicer	72nd	F55-64	12th	Malvern Joggers	1:27:23	1:27:43
197.	6	Mike Wilson	125th	M60-69	10th	Pershore Plum Plodders	1:29:23	1:29:41
198.	109	Wendy Lawrence	73rd	F65-99	7th	Forest of Dean AC	1:33:28	1:33:39
199.	190	Neil Coleman	126th	M50-59	46th	Malvern Joggers	1:33:14	1:33:43
200.	102	John Lucas	127th	M60-69	11th	Malvern Joggers	1:33:17	1:33:44

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Number of records: 200