

# Sheffield 20 miler & 10k 2022

## Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Time
<b>20 Miles</b>								
1.	173	Luke Tipping	1st	M Sen	1st	Steel City Striders RC	1:59:09	1:59:11
2.	160	Matthew Smith	2nd	M Sen	2nd	Wolfpack Tri	2:00:38	2:00:40
3.	108	Alex Lowe	3rd	M Sen	3rd	Wolfpack Tri	2:06:08	2:06:10
4.	14	John Boden	4th	M Sen	4th	Hillsborough & Rivelin Running Club	2:06:35	2:06:37
5.	159	Daniel Smith	5th	M Sen	5th	Team Manvers	2:07:44	2:07:45
6.	2	Nathan Adlesee	6th	M Sen	6th	Lincoln and District Runners	2:08:00	2:08:02
7.	49	Alex Day	7th	M Sen	7th	Hillsborough and Rivelin RC	2:09:32	2:09:34
8.	59	Wayne Fennell	8th	M Sen	8th	Selby Striders	2:09:40	2:09:44
9.	171	Mark Thompson	9th	M40	1st	Selby Striders	2:11:03	2:11:07
10.	146	Samuel Royle	10th	M Sen	9th	Hillsborough & Rivelin RC	2:11:09	2:11:12
11.	109	Sarah Lowery	1st	F40	1st	Rotherham Harriers and AC	2:13:54	2:13:55
12.	154	Oliver Sheppard	11th	M Sen	10th	Royal Sutton Coldfield Athletic Club	2:14:42	2:14:45
13.	46	Matthew Daly	12th	M Sen	11th	Worksop Harriers	2:14:48	2:14:52
14.	130	Elizabeth Nairn	2nd	F Sen	1st	Selby Striders	2:14:50	2:14:55
15.	13	Dan Birkinshaw	13th	M40	2nd	Kimberworth Striders	2:15:32	2:15:34
16.	11	James Biggin	14th	M40	3rd	Hillsborough and Rivelin RC	2:16:51	2:16:53
17.	10	Daniel Bent	15th	M40	4th	Steel City Striders	2:17:17	2:17:20
18.	98	Matthew Jones	16th	M Sen	12th	Hillsborough & Rivelin RC	2:17:32	2:17:37
19.	16	Nick Booker	17th	M50	1st	Steel City Striders RC	2:19:01	2:19:03
20.	32	Matthew Chappell	18th	M40	5th	Worksop Harriers	2:19:35	2:19:42
21.	91	Chris Ireland	19th	M60	1st	Sheffield RC	2:19:42	2:19:45
22.	74	Paul Harrison	20th	M Sen	13th	Hillsborough & Rivelin RC	2:20:06	2:20:09
23.	145	Ian Robertson	21st	M40	6th	Selby Striders	2:20:42	2:20:46
24.	79	Peter Hill	22nd	M40	7th	Hillsborough & Rivelin Running Club	2:22:03	2:22:06
25.	195	Alex Gallagher	23rd	M Sen	14th	0	2:22:13	2:22:15
26.	164	Anna Stocks	3rd	F Sen	2nd	Hyde Park Harriers	2:22:19	2:22:23
27.	6	Michael Ashworth	24th	M50	2nd	Hillsborough & Rivelin RC	2:22:34	2:22:37
28.	143	Dean Riggall	25th	M40	8th	Grantham Running Club	2:23:05	2:23:11
29.	116	Brian Martin	26th	M60	2nd	Quakers Running Club	2:23:43	2:23:47
30.	80	Phil Hills	27th	M40	9th	Off that couch fitness	2:24:02	2:24:05
31.	191	Nick Roberts	28th	M Sen	15th	Clowne Road Runners Club	2:24:18	2:24:20
32.	190	Naeem Stevens	4th	F Sen	3rd	Trafford AC	2:24:34	2:24:38
33.	112	Luke Mair	29th	M Sen	16th	Steel City Striders	2:24:33	2:24:38
34.	60	Darren Fissenden	30th	M50	3rd	Skegness and District running club	2:25:19	2:25:26
35.	19	Henry Brady	31st	M Sen	17th	Worksop Harriers	2:25:48	2:25:54
36.	104	David Lees	32nd	M40	10th	Sinfin Running Club	2:26:08	2:26:11
37.	86	Ashley Howard	33rd	M Sen	18th	Harrogate Harriers & AC	2:27:48	2:27:55
38.	90	Stephen Ingledew	34th	M60	3rd	Edinburgh AC	2:27:56	2:28:00
39.	7	Sarah Attwood	5th	F40	2nd	Skye & Lochalsh Running Club	2:28:43	2:29:49
40.	88	Qes Hussain	35th	M Sen	19th	Wilmslow Running Club	2:30:58	2:31:04
41.	200	Christian Hopkins	36th	M50	4th	Handsworth Roadhogs	2:31:52	2:31:55
42.	70	Paul Griffiths	37th	M40	11th	Hillsborough & Rivelin Running Club	2:31:47	2:32:00
43.	153	Alex Shepherd	38th	M50	5th	Steel City Striders RC	2:32:41	2:32:46
44.	35	Adam Clarke	39th	M40	12th	(no club)	2:33:38	2:33:43
45.	64	Carla Gibbons	6th	F Sen	4th	Hillsborough and Rivelin RC	2:33:47	2:33:52
46.	194	Bob Foreman	40th	M60	4th	Matlock Athletic Club	2:33:50	2:33:56
47.	55	Josh Eaton	41st	M Sen	20th	0	2:33:48	2:34:03
48.	135	Abigail Pearson	7th	F40	3rd	Off that couch fitness	2:34:19	2:34:23
49.	198	Craig Barstow	42nd	M50	6th	Vegan Runners UK	2:34:30	2:34:36

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Time
50.	31	Stephen Carr	43rd	M40	13th	Worksop Harriers	2:34:35	2:34:41
51.	179	Ian Walker	44th	M40	14th	Penistone Footpath Runners & Athletic	2:34:38	2:34:49
52.	113	Kelly Marrin	8th	F40	4th	Knowsley Harriers	2:35:03	2:35:07
53.	158	Robert Smith	45th	M50	7th	Holme Pierrepont RC	2:36:24	2:36:33
54.	65	Graham Goff	46th	M70	1st	Steel City Striders	2:36:26	2:36:38
55.	141	Neil Realey	47th	M50	8th	0	2:36:46	2:36:51
56.	176	Bethan Varney	9th	F Sen	5th	Steel City Striders RC	2:37:04	2:37:13
57.	54	Jordan Duncan	48th	M Sen	21st	0	2:37:51	2:38:06
58.	92	Emily Ireland	10th	F Sen	6th	0	2:38:18	2:38:22
59.	37	Beth Cole	11th	F40	5th	Hillsborough & Rivelin Running Club	2:39:10	2:39:16
60.	45	Alan Dalton	49th	M50	9th	Hillsborough & Rivelin Running Club	2:39:45	2:39:55
61.	52	Matthew Dibb	50th	M Sen	22nd	(no club)	2:42:18	2:42:31
62.	97	Charlotte Jones	12th	F40	6th	Worksop Harriers	2:42:46	2:42:53
63.	196	Debbie Moorhouse	13th	F50	1st	0	2:43:19	2:43:30
64.	129	Neil Mower	51st	M50	10th	Team Manvers	2:43:54	2:44:04
65.	128	Steve Moss	52nd	M60	5th	New Forest Runners	2:44:57	2:45:02
66.	24	Samantha Brown	14th	F40	7th	Redhill Road Runners	2:46:04	2:46:09
67.	167	Jurie Swanepoel	53rd	M60	6th	Ackworth Road Runners	2:46:31	2:46:37
68.	73	Shannon Hardcastle	15th	F Sen	7th	Team Manvers	2:47:02	2:47:13
69.	83	Hannah Holliday	16th	F40	8th	Steel City Striders RC	2:47:24	2:47:37
70.	94	Helen Jefferson	17th	F Sen	8th	(no club)	2:48:00	2:48:14
71.	33	Richard Clark	54th	M Sen	23rd	0	2:48:24	2:48:36
72.	140	Huma Rahman	18th	F50	2nd	Wilmslow Running Club	2:48:30	2:48:36
73.	63	James Gargett	55th	M Sen	24th	Vegan Runners UK	2:49:58	2:50:07
74.	18	Lee Bowskill	56th	M50	11th	Valley Hill Runners	2:50:33	2:50:49
75.	189	Ruth Draisey	19th	F Sen	9th	Hyde Park Harriers	2:48:06	2:51:02
76.	182	Chris Wills	57th	M40	15th	Knowsley Harriers	2:51:30	2:51:40
77.	4	Ben Allen	58th	M40	16th	Handsworth Roadhogs	2:51:46	2:51:54
78.	36	Matthew Coldwell	59th	M40	17th	Penistone Footpath Runners & Athletic	2:52:50	2:53:00
79.	110	James Lyndon	60th	M Sen	25th	0	2:53:00	2:53:11
80.	69	Simon Gregory	61st	M40	18th	Handsworth Roadhogs	2:51:31	2:53:35
81.	47	Nick Davies	62nd	M40	19th	Ealing Eagles Running Club	2:53:36	2:53:45
82.	147	Penny Sadler	20th	F50	3rd	Totley AC	2:54:17	2:54:21
83.	157	Emma Smith	21st	F40	9th	Handsworth Roadhogs	2:54:14	2:54:22
84.	9	Nicola Bates	22nd	F50	4th	Handsworth Roadhogs	2:54:17	2:54:25
85.	57	Luke Evans	63rd	M Sen	26th	Valley Hill Runners	2:54:59	2:55:15
86.	102	James Lawley	64th	M Sen	27th	(no club)	2:56:36	2:56:50
87.	117	Phil Mason	65th	M60	7th	Steel City Striders	2:56:47	2:56:55
88.	107	Scott Liddle	66th	M40	20th	Cambridge & Coleridge AC	2:57:41	2:57:46
89.	188	Andrew Lock	67th	M40	21st	Dronfield Running Club	2:57:41	2:57:46
90.	3	Sam Ainscough	68th	M Sen	28th	Steel City Striders RC	2:57:59	2:58:11
91.	186	Charlotte Woodger	23rd	F Sen	10th	Hillsborough & Rivelin RC	2:58:55	2:59:01
92.	199	Matt Rimmer	69th	M40	22nd	Steel City Striders RC	2:58:49	2:59:02
93.	95	Brian Jenkins	70th	M40	23rd	Steel City Striders	3:00:34	3:00:45
94.	136	Richard Pegg	71st	M60	8th	Steel City Striders RC	3:00:35	3:00:46
95.	8	Tessa Bainbridge	24th	F40	10th	Steel City Striders RC	3:01:04	3:01:17
96.	156	Rachel Silcock	25th	F50	5th	Worksop Harriers	3:01:46	3:02:00
97.	96	Tracy Johnson	26th	F50	6th	(no club)	3:03:19	3:03:29
98.	120	Ben McCartney	72nd	M Sen	29th	0	3:04:21	3:04:36
99.	127	Jack Morris	73rd	M Sen	30th	0	3:05:18	3:05:23

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Time
100.	197	Katie Morris	27th	F Sen	11th	Steel City Striders	3:05:24	3:05:29
101.	151	Gail Shaw	28th	F50	7th	Royton Road Runners	3:06:01	3:06:11
102.	177	Kate Waddicor	29th	F60	1st	Steel City Striders RC	3:06:19	3:06:31
103.	139	David Quibell	74th	M50	12th	Handsworth Roadhogs	3:06:37	3:06:59
104.	76	Anne Hegarty	30th	F50	8th	Totley AC	3:07:20	3:07:24
105.	192	David Moreton	75th	M40	24th	Best Athletics	3:07:23	3:07:29
106.	178	Sarah Wales	31st	F Sen	12th	Hillsborough & Rivelin Running Club	3:09:06	3:09:13
107.	114	Phil Marshall	76th	M Sen	31st	(no club)	3:09:30	3:09:40
108.	111	Natasha Mahon	32nd	F Sen	13th	SRC	3:07:55	3:10:05
109.	51	Grant Dempsey	77th	M Sen	32nd	SRC Sunday running club	3:07:54	3:10:06
110.	34	Karen Clark	33rd	F50	9th	Steel City Striders RC	3:09:58	3:10:11
111.	84	Janet Hope	34th	F50	10th	Lincoln Wellington Athletic Club	3:11:08	3:11:16
112.	23	Sally Brookes	35th	F40	11th	0	3:13:20	3:13:36
113.	193	Michelle Rogerson	36th	F40	12th	Stainland Lions Running Club	3:13:25	3:13:40
114.	87	Mike Husbands	78th	M50	13th	0	3:16:01	3:16:09
115.	26	Emma Burton	37th	F Sen	14th	Sheffield RC	3:16:03	3:16:15
116.	68	Maxine Gregory	38th	F40	13th	Valley Hill Runners	3:17:25	3:17:43
117.	56	William Ellwood	79th	M Sen	33rd	(no club)	3:17:53	3:18:08
118.	185	Louise Woffindin	39th	F Sen	15th	Sheffield RC	3:19:51	3:20:04
119.	162	Jonathan Steele	80th	M40	25th	Tadcaster Harriers	3:21:37	3:21:48
120.	77	Rachel Helman	40th	F40	14th	0	3:25:04	3:25:24
121.	133	Ruth Noble	41st	F40	15th	Pensby Runners	3:25:15	3:25:30
122.	149	Ben Sellars	81st	M Sen	34th	(no club)	3:25:21	3:25:37
123.	82	Cameron Hoggan	82nd	M Sen	35th	Grantham Running Club	3:25:21	3:25:38
124.	169	Neil Teather	83rd	M50	14th	Steel City Striders RC	3:25:25	3:25:41
125.	62	Sophie Galloway	42nd	F Sen	16th	Peel Road Runners	3:26:13	3:26:22
126.	85	John Horan	84th	M Sen	36th	0	3:26:14	3:26:28
127.	50	Ashley De Saeger	85th	M Sen	37th	Mickleover Running Club	3:26:27	3:26:32
128.	106	John Liddle	86th	M50	15th	Steel City Striders RC	3:28:15	3:28:29
129.	67	Lesley Gray	43rd	F50	11th	Aston Chasers	3:28:49	3:28:56
130.	100	Judith Kippax	44th	F50	12th	Valley Hill Runners	3:28:59	3:29:16
131.	105	Jenny Lewis	45th	F Sen	17th	Ashbourne	3:29:07	3:29:25
132.	115	Sandra Martin	46th	F50	13th	Quakers Running Club	3:29:58	3:30:07
133.	132	Saskia Newbould	47th	F Sen	18th	(no club)	3:31:08	3:31:22
134.	93	Wendy Jebson	48th	F50	14th	Aston Chasers	3:31:58	3:32:04
135.	126	Louise Morley	49th	F50	15th	0	3:32:22	3:32:34
136.	124	Richard Moody	87th	M60	9th	Sheffield RC	3:32:30	3:32:42
137.	72	Paul Hanton	88th	M50	16th	0	3:32:58	3:33:04
138.	180	Dave Wattam	89th	M60	10th	0	3:33:10	3:33:22
139.	131	Martina Naismith	50th	F40	16th	Royton Road Runners	3:35:32	3:35:42
140.	28	Ashleigh Cadman	51st	F Sen	19th	Manvers	3:37:03	3:37:16
141.	134	Julie Oxenforth	52nd	F50	16th	Scunthorpe & District Running Club	3:37:54	3:38:03
142.	20	Caroline Brash	53rd	F40	17th	Steel City Striders RC	3:38:28	3:38:42
143.	27	Kristina	54th	F Sen	20th	(no club)	3:40:03	3:40:23
144.	39	Claire Corkhill	55th	F Sen	21st	(no club)	3:41:16	3:41:33
145.	12	Stephen Birch	90th	M40	26th	Lonely Goat RC	3:41:16	3:41:33
146.	29	Emma Cameron	56th	F40	18th	0	3:42:59	3:43:06
147.	61	Robert Galley	91st	M50	17th	Lonely Goat RC	3:43:19	3:43:26
148.	30	Jo Carnie	57th	F50	17th	Hillsborough and Rivelin RC	3:44:23	3:44:35
149.	163	Shirley Steele	58th	F60	2nd	Tadcaster Harriers	3:44:37	3:44:48

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Time
150.	119	Gareth McCaffery	92nd	M Sen	38th	Royton Road Runners	3:46:27	3:46:37
151.	168	Louise Taylor	59th	F50	18th	Rotherham Running Club	3:48:11	3:48:26
152.	166	Sarah Storey	60th	F50	19th	Steel City Striders RC	3:49:21	3:49:36
153.	165	Nancy Stuart	61st	F40	19th	Steel City Striders RC	3:49:41	3:49:56
154.	125	Pamela Moreton	62nd	F Sen	22nd	0	4:01:46	4:01:53
155.	174	James Trueman	93rd	M40	27th	Boldmere Bullets	4:02:56	4:03:42
156.	15	Philip Bolton	94th	M Sen	39th	(no club)	4:04:50	4:04:54
157.	142	Michelle Reynolds	63rd	F40	20th	7 Hills Harriers	4:13:40	4:13:48
158.	187	Katie Wright	64th	F50	20th	7 Hills Harriers	4:13:41	4:13:48
159.	144	Vicky Roberts	65th	F40	21st	7 Hills Harriers	4:13:41	4:13:48
160.	138	Alexis Quayle	1st		1st	Erewash Valley RC	4:17:42	4:17:53
161.	71	Kevin Highton	95th	M60	11th	Steel City Striders RC	4:21:27	4:21:40
DNF	78	Catherine Henry		F50	-	(no club)	1:44:57	1:49:53
DNF	172	Steven Thorpe		M Sen	-	Handsworth Roadhogs	2:57:47	2:57:54

## 10k

1.	1084	Joe Sweetnam-Powell	1st	M Sen	1st	Sheffield RC	34:49	34:49
2.	1078	Michael Slack	2nd	M40	1st	Barnsley AC	36:25	36:25
3.	1082	Jimmie Stuart	3rd	M Sen	2nd	Hillsborough & Rivelin Running Club	37:24	37:26
4.	1115	Thomas Pipes	4th	M Sen	3rd	Hillsborough & Rivelin Running Club	37:46	37:49
5.	1068	Abbie Pearse	1st	F Sen	1st	Steel City Striders RC	38:14	38:15
6.	1016	Jonathan Cooper	5th	M40	2nd	Hillsborough & Rivelin Running Club	38:27	38:30
7.	1013	Thomas Clifford	6th	M Sen	4th	Hillsborough & Rivelin Running Club	39:10	39:12
8.	1120	Mark Lawton	7th	M40	3rd	Hillsborough & Rivelin Running Club	39:29	39:32
9.	1009	Wei Chen	8th	M50	1st	Steel City Striders RC	39:31	39:33
10.	1113	James McNeill	9th	M40	4th	Hillsborough & Rivelin Running Club	39:44	39:46
11.	1111	Scott Watson	10th	M40	5th	Hillsborough & Rivelin Running Club	39:44	39:46
12.	1033	Chris Guy	11th	M40	6th	Hillsborough & Rivelin Running Club	39:57	40:00
13.	1051	Ben Lee	12th	M Sen	5th	Hillsborough & Rivelin Running Club	40:07	40:10
14.	1014	Emma Clossick	2nd	F Sen	2nd	Hillsborough & Rivelin Running Club	40:11	40:13
15.	1047	Leanne Lacey	3rd	F Sen	3rd	Hillsborough & Rivelin Running Club	40:23	40:25
16.	1112	Sarah Imbush	4th	F Sen	4th	Hillsborough & Rivelin Running Club	40:38	40:41
17.	1109	Jenny Cartmell	5th	F Sen	5th	Hillsborough & Rivelin Running Club	41:26	41:29
18.	1092	Charles Vickers	13th	M Sen	6th	Hillsborough & Rivelin Running Club	41:40	41:45
19.	1030	Lisa Giampalma	6th	F Sen	6th	Hillsborough & Rivelin Running Club	41:46	41:50
20.	1097	Amy Wheeler	7th	F40	1st		42:21	42:25
21.	1114	Anna Macdonald	8th	F Sen	7th	Hillsborough & Rivelin Running Club	42:44	42:47
22.	1037	John Himsforth	14th	M Sen	7th	Hillsborough & Rivelin Running Club	42:57	43:02
23.	1032	Glynn Graham	15th	M40	7th	Hillsborough & Rivelin Running Club	43:22	43:25
24.	1069	Hongyang Qu	16th	M40	8th	(no club)	43:23	43:27
25.	1090	Paddy Treehowes	17th	M50	2nd	Steel City Striders RC	43:26	43:31
26.	1060	Daniel Mosby	18th	M Sen	8th	(no club)	43:35	43:41
27.	1088	Lottie Thompson	9th	F Sen	8th	(no club)	43:50	43:55
28.	1102	Rong Ren	19th	M Sen	9th		44:10	44:15
29.	1089	Sarah Thorne	10th	F Sen	9th	York Knavesmire Harriers	44:31	44:36
30.	1079	James Smith	20th	M40	9th	Hillsborough & Rivelin Running Club	44:47	44:54
31.	1022	Madeleine Davis	11th	F Sen	10th	Sheffield RC	45:08	45:13
32.	1023	Julian Dean	21st	M40	10th	(no club)	45:31	45:37
33.	1108	Jack Bowman	22nd	M Sen	10th		45:37	45:44
34.	1099	Jamie Wilkes	23rd	M40	11th	Hillsborough & Rivelin Running Club	46:14	46:21
35.	1105	David Rollings	24th	M50	3rd	Lincoln & District Runners	46:25	46:28

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Time
36.	1044	Christopher Keeler	25th	M Sen	11th	Kimberworth Striders	46:42	46:47
37.	1119	Heather Hiles	12th	F Sen	11th	Hillsborough & Rivelin Running Club	46:42	46:48
38.	1002	Melvin Beever	26th	M60	1st		47:00	47:09
39.	1063	Chenyue Nie	27th	M Sen	12th		47:11	47:26
40.	1064	Andy Noble	28th	M50	4th	(no club)	47:38	47:43
41.	1054	Ashley Locke	29th	M40	12th		47:34	47:45
42.	1015	Julia Cobham	13th	F40	2nd	Hillsborough & Rivelin Running Club	47:49	47:53
43.	1010	Chunyu Chen	30th	M40	13th		48:39	48:55
44.	1038	Adrian Holyhead	31st	M50	5th	Kimberworth Striders	49:22	49:26
45.	1020	Rebecca Crofts	14th	F Sen	12th	Handsworth Roadhogs	49:18	49:29
46.	1087	Joe Taylor	32nd	M Sen	13th	(no club)	49:26	49:38
47.	1017	Tom Cossham	33rd	M50	6th	Steel City Striders RC	49:40	49:45
48.	1001	Dave Allemby	34th	M60	2nd	Barnsley AC	50:06	50:10
49.	1027	James Ellwood	35th	M40	14th	Porter Valley Plodders	50:29	50:34
50.	1116	Siyun Lin	36th	M Sen	14th		50:44	51:00
51.	1107	Emma Clements	15th	F Sen	13th		51:40	51:47
52.	1110	Adam Rowland	37th	M50	7th		51:47	51:55
53.	1073	Jessica Rowan	16th	F Sen	14th	Sheffield RC	51:54	52:02
54.	1118	Craig Jordan	38th	M Sen	15th		52:01	52:13
55.	1104	Charlotte Wade	17th	F Sen	15th	Hillsborough & Rivelin Running Club	52:19	52:26
56.	1080	Claire Standrin	18th	F50	1st	Hillsborough & Rivelin Running Club	52:24	52:29
57.	1059	Ashley Moriarty	39th	M Sen	16th	(no club)	52:38	52:51
58.	1086	Ryan Talley	40th	M50	8th	Steel City Striders	52:53	52:56
59.	1041	Gemma Johnson	19th	F Sen	16th		52:51	53:00
60.	1006	Tamsin Buck	20th	F40	3rd	Hillsborough & Rivelin Running Club	52:59	53:09
61.	1058	Sarah Moore	21st	F Sen	17th	Hillsborough & Rivelin Running Club	53:20	53:26
62.	1025	Oliver Eagle	41st	M Sen	17th	Hillsborough & Rivelin Running Club	53:22	53:28
63.	1067	Emma Palmer	22nd	F40	4th	Hillsborough & Rivelin Running Club	53:22	53:32
64.	1100	Paul Wilkinson	42nd	M50	9th		53:25	53:33
65.	1050	Rhona Leadbetter	23rd	F50	2nd	Hillsborough & Rivelin Running Club	53:40	53:46
66.	1007	Rebecca Burnand	24th	F50	3rd		54:06	54:16
67.	1070	Daniel Renshaw	43rd	M Sen	18th		54:31	54:46
68.	1056	Michael Messruther	44th	M Sen	19th	(no club)	55:17	55:31
69.	1011	April Clarke	25th	F Sen	18th	Crystal Peaks Runners	55:59	56:07
70.	1052	Adam Lenton	45th	M50	10th	Handsworth Roadhogs	56:00	56:09
71.	1021	Rebecca Daggett	26th	F Sen	19th	(no club)	57:39	57:46
72.	1003	Helena Bellamy	27th	F40	5th	(no club)	57:46	57:54
73.	1101	Andrew Woffindin	46th	M50	11th	Hillsborough & Rivelin Running Club	58:08	58:15
74.	1008	Alan Chapman	47th	M40	15th	Hillsborough & Rivelin Running Club	58:22	58:29
75.	1029	April Farthing	28th	F Sen	20th	Lonely Goat RC	59:25	59:34
76.	1039	Tracy Hughes	29th	F50	4th	Barnsley Harriers	59:37	59:44
77.	1005	Rachel Brown	30th	F50	5th		1:01:16	1:01:24
78.	1053	Zoe Locke	31st	F40	6th		1:01:41	1:01:53
79.	1004	Shaun Bellamy	48th	M50	12th	(no club)	1:02:13	1:02:22
80.	1048	Andrew Lake	49th	M50	13th		1:02:10	1:02:23
81.	1076	Steven Saunders	50th	M70	1st	Danum Harriers	1:02:18	1:02:29
82.	1026	Helen Eberlin	32nd	F70	1st	Steel City Striders RC	1:02:30	1:02:36
83.	1040	Karen Ingledew	33rd	F50	6th	(no club)	1:02:30	1:02:41
84.	1028	Julia Evison	34th	F50	7th		1:02:40	1:02:50
85.	1012	Emily Clifford	35th	F40	7th	Aston Chasers	1:02:42	1:02:51

# Sheffield 20 miler & 10k 2022



## Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Time
86.	1045	Lyndsey Kershaw	36th	F40	8th	7 Hills Harriers	1:02:42	1:02:51
87.	1049	Gavin Leach	51st	M40	16th	(no club)	1:03:29	1:03:39
88.	1024	Cat Duffin	37th	F40	9th	(no club)	1:03:50	1:04:05
89.	1034	Maria Hadley-Howell	38th	F Sen	21st	(no club)	1:04:34	1:04:51
90.	1061	Kabir Nepal	52nd	M Sen	20th	Valley Hill Runners	1:05:36	1:05:52
91.	1083	Julie Swanepoel	39th	F60	1st	Ackworth Road Runners	1:06:56	1:07:05
92.	1085	Polly Talley	40th	F50	8th	(no club)	1:07:37	1:07:44
93.	1117	Claire Jones	41st	F50	9th		1:10:58	1:11:02
94.	1091	Ruth Tucker	42nd	F Sen	22nd	Sheffield RC / Steel City Striders	1:11:29	1:11:43
95.	1057	Lisa Miller	43rd	F Sen	23rd	(no club)	1:13:51	1:14:05
96.	1094	Elizabeth Wardale	44th	F Sen	24th	Hyde Park Harriers	1:16:17	1:16:31
97.	1095	Janet Wardale	45th	F60	2nd	West Hull Ladies	1:20:58	1:21:12
98.	1093	John Wardale	53rd	M Sen	21st	(no club)	1:20:58	1:21:12

Number of records: 261