

# Alderford Swim

## Overall Results



Pos	Name	M/F	AG	AG	Time	Lap(s)	Lap 1	Lap 2	Lap 3	Lap 4
<b>Short</b>										
1.	Masie Lyle	1st	F15-19	1st	20:11	1	20:11			
2.	Hayley Proudfoot	2nd	F40-44	1st	21:30	1	21:30			
3.	Kate Barnes	3rd	F40-44	2nd	21:39	1	21:39			
4.	Zoe Baldock	4th	F25-29	1st	23:21	1	23:21			
5.	Gemma Morgan	5th	F40-44	3rd	23:37	1	23:37			
6.	Claire Young	6th	F55-59	1st	24:23	1	24:23			
7.	Fran Watkins-White	7th	F50-54	1st	28:33	1	28:33			
8.	Sharon Price-James	8th	F55-59	2nd	28:34	1	28:34			
9.	Adam Poolford	1st	M35-39	1st	28:48	1	28:48			
10.	Kathryn Adamson	9th	F30-34	1st	29:20	1	29:20			
11.	Larry Woodall	2nd	M70+	1st	31:35	1	31:35			
12.	Jo Walton	10th	F55-59	3rd	32:07	1	32:07			
13.	Ali Lewin	11th	F55-59	4th	32:14	1	32:14			
14.	Anna Thomas	12th	F55-59	5th	33:55	1	33:55			
15.	Jaine Weaver	13th	F60-64	1st	33:57	1	33:57			
16.	Alysa Martin	14th	F45-49	1st	37:57	1	37:57			
17.	Kirsty Horder	15th	F40-44	4th	43:18	1	43:18			
18.	Emma Carr	16th	F35-39	1st	43:19	1	43:19			
19.	Lyn Broadbent	17th	F55-59	6th	44:46	1	44:46			
<b>Medium</b>										
1.	Eliza Radcliffe	1st	F15-19	1st	24:33	2	12:19	12:13		
2.	Emily Hall	2nd	F10-14	1st	24:36	2	12:20	12:15		
3.	Charlotte Toogood	3rd	F15-19	2nd	26:50	2	13:17	13:33		
4.	Hugh Gemmill	1st	M15-19	1st	27:37	2	13:25	14:12		
5.	Rachel Cox	4th	F50-54	1st	28:26	2	14:23	14:03		
6.	Ollie Barnes	2nd	M15-19	2nd	29:05	2	13:51	15:14		
7.	Jasmine Lloyd	5th	F10-14	2nd	29:26	2	14:52	14:34		
8.	Molly Lloyd	6th	F10-14	3rd	29:35	2	14:54	14:41		
9.	Amelia Fitzgerald	7th	F10-14	4th	29:43	2	14:31	15:12		
10.	Neil Jeffree	3rd	M50-54	1st	29:53	2	15:00	14:52		
11.	Jane Spence	8th	F50-54	2nd	30:01	2	15:00	15:00		
12.	Malcolm Webb	4th	M70+	1st	30:14	2	15:22	14:52		
13.	Wendy Corder	9th	F50-54	3rd	30:14	2	15:22	14:52		
14.	Matthew Toogood	5th	M40-44	1st	30:30	2	15:08	15:22		
15.	Duncan Lee	6th	M40-44	2nd	30:33	2	15:14	15:18		
16.	Megan Jamieson	10th	F15-19	3rd	31:20	2	15:19	16:00		
17.	Clifford Mitchell	7th	M55-59	1st	31:26	2	15:27	15:59		
18.	Oliver Crosby	8th	M40-44	3rd	31:27	2	15:20	16:07		
19.	Richard Hill	9th	M50-54	2nd	31:30	2	15:48	15:42		
20.	Craig Jones	10th	M45-49	1st	34:13	2	17:15	16:57		
21.	John Francis	11th	M60-64	1st	39:40	2	19:34	20:06		
22.	Richard Cox	12th	M45-49	2nd	40:38	2	20:08	20:29		
23.	Amy Preston	11th	F25-29	1st	41:12	2	20:34	20:37		
24.	Elizabeth Marston Mooney	12th	F40-44	1st	41:12	2	20:10	21:01		
25.	David Tinker	13th	M50-54	3rd	41:20	2	20:24	20:56		
26.	Paul Hillman	14th	M65-69	1st	41:24	2	20:43	20:41		
27.	Jenny South	13th	F50-54	4th	43:05	2	21:28	21:37		
28.	Charlotte Brassington	14th	F30-34	1st	43:41	2	21:44	21:56		
29.	David Macguire	15th	M40-44	4th	45:37	2	22:07	23:30		
30.	Teresa McHenry	15th	F45-49	1st	45:46	2	22:18	23:28		
31.	James Milligan	16th	M60-64	2nd	46:31	2	22:57	23:33		

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Pos	Name	M/F	AG	AG	Time	Lap(s)	Lap 1	Lap 2	Lap 3	Lap 4
32.	Carole Galpin	16th	F55-59	1st	46:32	2	22:32	23:59		
33.	Cheryl Flemming	17th	F40-44	2nd	49:21	2	24:27	24:54		
34.	Sarah Potts	18th	F50-54	5th	49:29	2	24:13	25:15		
35.	Emma Cotton	19th	F55-59	2nd	51:10	2	26:05	25:05		
36.	Keeley Howard	20th	F55-59	3rd	51:59	2	25:11	26:47		
37.	Patricia Davies	21st	F50-54	6th	52:22	2	26:59	25:23		
38.	Cindy Blake	22nd	F60-64	1st	59:01	2	28:33	30:27		
39.	Rebecca Hurst	23rd	F40-44	3rd	1:00:30	2	29:31	30:58		
40.	Charlotte Heward	24th	F45-49	2nd	1:01:27	2	31:14	30:12		
41.	Jo Waldron	25th	F45-49	3rd	1:01:35	2	31:22	30:13		
42.	Wendy Andrews	26th	F50-54	7th	1:02:12	2	29:55	32:16		
43.	Sarah Hea	27th	F50-54	8th	1:15:29	2	37:51	37:38		
44.	Carole Medicott	28th	F60-64	2nd	1:17:59	2	26:21	51:38		
45.	Mandy Packom	29th	F45-49	4th	1:28:22	2	29:04	59:18		

### Long

1.	Stefanie Bircher	1st	F35-39	1st	57:04	4	13:53	14:16	14:26	14:30
2.	Andrew Sherlock	1st	M50-54	1st	1:03:47	4	15:45	16:03	15:57	16:04
3.	Jamie Salt	2nd	M45-49	1st	1:07:27	4	16:20	16:36	17:06	17:27
4.	Helen Blake	2nd	F35-39	2nd	1:16:16	4	18:10	18:59	19:28	19:41
5.	Andrea Dodwell	3rd	F55-59	1st	1:18:32	4	19:25	19:42	19:49	19:38
6.	Barry Standen	3rd	M50-54	2nd	1:26:05	4	19:40	20:53	22:39	22:55
7.	Jennifer Gouran	4th	F30-34	1st	1:31:56	4	21:33	22:27	23:58	24:00
8.	Lyn Wallis	5th	F50-54	1st	1:32:52	4	22:38	22:56	23:36	23:44
9.	Charlie Dunn	4th	M35-39	1st	1:41:19	4	24:33	24:47	25:47	26:13

Number of records: 73