

South Cheshire 10k 2022

Age Group Results



Pos Bib Name Time Club

F5en

1.	251	Sophie	37:58	Newcastle (Staffs)
2.	130	Annie Lowe	45:20	South Cheshire
3.	179	Rebecca	45:51	Blackburn Harriers
4.	100	Rebecca	48:51	South Cheshire
5.	112	Helen Jones	48:51	
6.	29	Marlaina	52:31	
7.	259	Alice Smith	1:01:44	
8.	252	Beatrice	1:04:30	Market Drayton RC
9.	210	Ellena Williams	1:05:15	Silverdale RC
10.	144	Chloe Moore	1:05:31	

F35

1.	118	Amanda Kelly	41:14	Stoke FIT
2.	155	Emily Nott	44:04	Congleton Harriers
3.	60	Victoria Estcourt	47:51	Sandbach Striders
4.	12	Kate Beard	49:04	Boalloy RC
5.	228	Kelly Alford	51:12	North Wales RRC
6.	93	Sonya Hibberd	51:24	
7.	91	Vicki Henshaw	53:06	Blythe Bridge RC
8.	168	Hayley	54:58	
9.	236	Lisa Ho	55:53	Newcastle Tri Club
10.	174	Kirsty Rollings	1:00:05	South Cheshire
11.	138	Leanne Massey	1:12:45	Market Drayton RC

F40

1.	196	Deborah	39:38	Trentham RC
2.	156	Cristina O'Brien	43:15	Telford AC
3.	13	Laura Bell	45:06	Winston Runners
4.	218	Natalie Boswell	46:17	Cannock & Stafford
5.	122	Claire Kivlin	47:24	South Cheshire
6.	1	Emma	48:32	NSRRA
7.	175	Suzie Roscoe	49:09	Congleton Harriers
8.	44	Suzanne Dale	49:26	South Cheshire
9.	202	Louise Walker	49:54	Vale Royal
10.	249	Shaw Michelle	51:46	South Cheshire
11.	160	Rebecca Peck	53:09	
12.	6	Natalie Bailey	55:30	South Cheshire

F45

1.	241	Lisa Bell	49:31	
2.	185	Helen Somers	49:34	Stone MM
3.	165	Kerry Podmore	53:34	South Cheshire
4.	207	Amanda Weston	53:51	Nantwich RC
5.	21	Sherrie Brereton	54:18	Nantwich RC
6.	205	Helen Wassall	57:14	Boalloy RC
7.	39	Emma Conway	1:00:11	
8.	231	Karen	1:00:24	
9.	163	Hazel Pickett	1:03:15	
10.	191	Sarah Symonds	1:12:01	
11.	201	Louise	1:12:22	Blythe Bridge RC

Pos Bib Name Time Club

12. 135 Teresa Marsh 1:17:16 Vegan Runners

F50

1.	245	Joanne	41:16	Trentham RC
2.	48	Jayne Dickens	42:58	Trentham RC
3.	194	Sarah Taylor	43:31	Trentham RC
4.	47	Melonie Deakin	51:41	Stafford Harriers
5.	145	Helen Moore	55:36	Widnes Wasps
6.	30	Juliet Carter	1:01:43	South Cheshire
7.	105	Jane Irving	1:02:47	Silverdale RC
8.	14	Gina Benson	1:07:06	
9.	129	Lorraine Lovell	1:25:48	Market Drayton RC

F55

1.	37	Carol Astbury	53:18	Uttoxeter RR
2.	176	Angie Salter	54:54	Trentham RC
3.	98	Maxine Hough	55:58	South Cheshire
4.	120	Karen Kelsall	57:14	Nantwich running
5.	242	Denise	59:46	Uttoxeter RR
6.	198	Micheline	1:01:10	South Cheshire
7.	192	Jane Tarbuck	1:04:17	Nantwich RC
8.	41	Lorraine Cowan	1:05:07	
9.	153	Joy Nelmes	1:08:04	

F60

1.	51	Julie Dudley	55:11	Cheadle RC
2.	109	Christine Jones	1:10:08	
3.	8	Hazel Barlow	1:11:12	Michelin AC
4.	82	Tracey Hale	1:12:03	Sandbach Striders
5.	76	Sarah Gray	1:15:37	Stafford Harriers
6.	103	Lesley Hughes	1:16:44	Blythe Bridge RC

F65

1. 234 Judith Ho 55:53

F70

1.	23	Carol Bryant	1:08:08	Stoke FIT
2.	99	Pamela Hough	1:12:37	Nantwich RC

F75+

1. 3 Sally Aldridge 1:05:10 Silverdale RC

MSen

1.	184	Daniel Soltys	33:29	Stone MM
2.	131	Samuel Lucking	34:16	City of Stoke AC
3.	38	Ross Connor	34:28	City of Stoke AC
4.	246	Christopher	35:13	City of Stoke AC
5.	45	Joshua Daley	35:25	Boalloy RC
6.	70	Mike Fryer	35:29	Helsby RC
7.	143	Thomas	37:25	Boalloy RC
8.	213	Marcus	37:26	
9.	24	Pat Buckingham	37:45	Trentham RC
10.	227	Graeme	37:57	Nantwich RC

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Pos	Bib	Name	Time	Club
11.	19	Michael	38:07	Trentham RC
12.	187	Ian Stanway	38:49	Congleton Harriers
13.	217	Robin Zoka	38:59	South Cheshire
14.	141	Saul Mellor	39:47	Whitchurch Wippets
15.	27	Daniel Burton	40:31	South Cheshire
16.	253	Chris Mosiuk	40:41	Trentham RC
17.	42	Steve Crowe	40:42	South Cheshire
18.	31	Dan Cawley	40:48	Boalloy RC
19.	235	Zakk Lovell	40:53	Vegan Runners
20.	113	Nicholas Jones	41:39	Silverdale RC
21.	139	Michael	42:13	Boalloy RC
22.	136	Paul Marshall	42:50	Trentham RC
23.	116	Benjamin Keen	42:53	Gator AC
24.	189	Thomas Steele	42:54	Gator AC
25.	117	Rich Keen	42:54	Gator AC
26.	88	Chris Hassall	43:37	South Cheshire
27.	200	Andy Twiss	43:59	Nantwich RC
28.	220	Staikos	45:25	
29.	85	Paul Hall	45:37	Blythe Bridge RC
30.	75	Owen Grattan	45:41	
31.	258	Nathan Kapp	48:34	
32.	254	Steve Tandy	49:01	
33.	197	Andy Torbitt	49:13	
34.	164	Andrew	49:24	NSRRA
35.	237	Karl Hukins	49:29	Newport & District
36.	190	Christopher	49:45	South Cheshire
37.	247	James Huxley	50:23	
38.	229	Cai Roberts	51:13	North Wales RRC
39.	161	Luke Penketh	52:05	
40.	95	Jon Hillman	54:29	NSRRA
41.	209	Mathew	54:41	
42.	104	Simon Huxley	56:16	
43.	80	Benn Hailes	58:39	Silverdale RC
44.	219	Alex Challinor	1:05:16	Silverdale RC
45.	243	Juantxo	1:05:17	Silverdale RC
46.	257	James Ellis	1:05:55	

M40

1.	151	Carl Moulton	32:59	Boalloy RC
2.	92	Dan Hibberd	34:37	Boalloy RC
3.	53	Matt Eardley	34:44	City of Stoke AC
4.	115	Daniel Kaiser	36:18	
5.	62	Simon Fawcett	36:38	
6.	16	Ben Bewley	36:51	Newcastle (Staffs)
7.	101	Pat Hudson	38:59	South Cheshire
8.	107	Steven Jennings	39:07	Stoke FIT
9.	166	Keith Spurrier	40:42	South Cheshire
10.	140	Colin McEvoy	44:54	Trentham RC
11.	36	Wil Chung	48:14	Newcastle (Staffs)
12.	239	Andrew	49:39	South Cheshire
13.	102	Andy Hughes	49:39	South Cheshire

Pos	Bib	Name	Time	Club
14.	221	James Tutton	52:54	Stoke FIT
15.	149	Jp Morris	55:41	Sandbach Striders
16.	173	James	1:15:17	Nantwich RC

M45

1.	186	Peter Speake	32:55	Wilmslow RC
2.	248	Gaz Carless	35:23	South Cheshire
3.	225	Jonathan	37:19	South Cheshire
4.	114	Steve Jones	37:54	Go! Team
5.	183	David Smith	40:17	South Cheshire
6.	11	Darren Beach	40:35	South Cheshire
7.	111	Gareth Jones	41:58	Stone MM
8.	110	Colin Jones	42:35	
9.	167	David Poole	43:16	
10.	230	David Kelly	44:05	Nantwich RC
11.	123	David Kivlin	46:46	South Cheshire
12.	57	Gavin Ellis	50:36	
13.	78	Andrew Greer	51:29	South Cheshire
14.	148	Andy Morris	53:25	
15.	146	Spencer Moore	56:12	South Cheshire
16.	226	Ian Tamburello	1:06:15	Stoke FIT
17.	121	Robert Kewish	1:06:58	

M50

1.	128	Simon Lewis	38:41	Telford Harriers
2.	147	David Morrell	38:58	City of Stoke AC
3.	214	Robin	39:07	Stone MM
4.	180	James Simpson	39:18	South Cheshire
5.	34	Edward Chatwin	40:07	Nantwich Running
6.	137	Damian Mason	42:26	South Cheshire
7.	40	Grahame Cope	44:12	Stone MM
8.	206	Tim West	44:43	Stoke FIT
9.	171	Steve Reynolds	47:09	Sandbach Striders
10.	25	Craig Buggins	51:59	Wolves & Bilston
11.	208	Martin	52:12	
12.	134	Karl Marsh	52:17	Vegan Runners
13.	256	Thomas Fox	54:41	
14.	222	David Smith	56:37	Lonely Goat RC
15.	73	Paul Glascodine	57:51	
16.	244	Robert J Brown	59:29	South Cheshire
17.	158	Richard Ollier	1:12:33	South Cheshire

M55

1.	152	Mark Neeld	36:20	Stone MM
2.	169	Darren Pyatt	39:07	Stone MM
3.	195	Andy Thomas	41:39	Sandbach Striders
4.	74	James Golden	41:47	Winston Runners
5.	177	Tony Salter	45:51	Trentham RC
6.	255	Martin Kaine	48:36	
7.	17	Mick Birtles	48:56	Stoke FIT
8.	84	Michael Hall	50:48	Holmfirth Harriers
9.	52	Nick Dunning	56:11	

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Pos	Bib	Name	Time	Club	Pos	Bib	Name	Time	Club
10.	203	Steven Wall	1:03:05						
M60									
1.	81	Mick Haire	40:26	Boalloy RC					
2.	240	Andrew Boulton	44:48	South Cheshire					
3.	10	Jack Bayliss	45:17	Newcastle (Staffs)					
4.	69	Adrian Frost	46:47	Trentham RC					
5.	212	Russell Williams	47:28	Cheadle RC					
6.	238	Andy Cowden	50:45	Alsager Runners					
7.	18	Ken Bloor	55:27	Trentham RC					
8.	90	David Hebb	59:09	NSRRA					
9.	43	David Curran	1:07:44	Lonely Goat RC					
M65									
1.	22	Alan Brookes	43:31	Trentham RC					
2.	223	Ivor Twiss	44:34	Nantwich RC					
3.	32	Alan Challinor	49:50	NSRRA					
4.	89	Clive Heathcock	50:49	South Cheshire					
5.	172	Dennis	51:56	South Cheshire					
6.	125	Nigel Lee	55:55	Newcastle (Staffs)					
7.	7	David Baker	57:51	Staffs Moorlands					
8.	162	Colin Pheasant	1:19:12	Chase Harriers					
M70									
1.	2	Doug Alcock	42:46	Trentham RC					
2.	49	Peter Divall	52:09	NSRRA					
3.	15	Richard Benson	56:44	Congleton Harriers					
4.	106	Alan Jenkinson	1:00:43	Styal RC					
5.	97	Barry Hough	1:15:17	Nantwich RC					
M75									
1.	68	John Finney	57:29	Stafford Harriers					
2.	211	Graham	1:05:05	Stafford Harriers					
3.	181	Alfred Slater	1:09:18	NSRRA					
M80+									
1.	232	Alan Lewis	1:09:18	Trentham RC					

Number of records: 205